**Growing and Changing**

**Year 6**

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| In Summer 2 we will be learning all about growing and changing | |
| This is what we will be learning about | * Coping with changes * Keeping safe * Body image * Body changes and puberty * Sex education – taught in Summer 1 * Self-esteem |
| Here is some of the vocabulary we will be using | Change, body image, peer pressure, confidence, support, self-esteem, physical changes, break a confidence, conversation, gender, sharing online, emotional changes, confidential, online safety, rights, testicles, egg, puberty, ovaries, sperm, FGM, vagina, penis, sexual contact, orgasm, condom, embryo, womb, sexual intercourse, consensual, adoption, IVF, age of consent, feedback, confidence, self-esteem, unique, diversity, biological sex, sexual orientation, gender identity, gender expression, stereotype, point of view, cultural norms, respect, disrespect, body language, empathy, identity, prejudice, respect, diversity, tolerance, relationships, friend, acquaintance, stereotype, gender stereotype, media influence, assumption |
| You can support your child by talking to them about their body parts and naming them, talking about how they have changed from when they were a baby, how they have become more independent and how they take care of themselves. | |
| If you have any questions about this learning or would like to view the resources we will be using in lessons, please speak to your child’s Class Teacher. | |