

# NEWSLETTER

FRIDAY 24TH JANUARY 2025



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ASPIRE

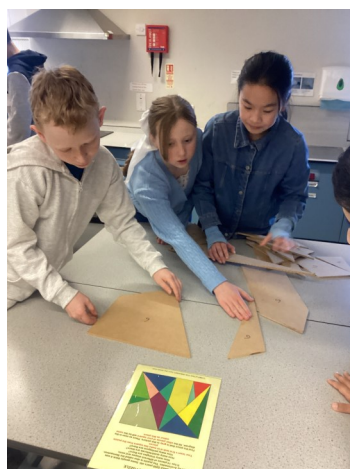
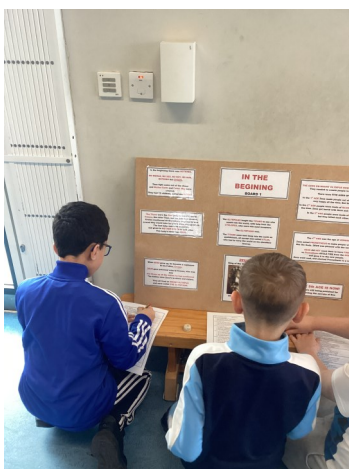
BELIEVE

PERSEVERE

ACHIEVE

## YEAR 6 GREEK DAY!

Year 6 had their Greek Day on Wednesday this week. They did lots of exciting activities such as hosting their own Olympic Games, solving ancient Greek puzzles, retelling Greek myths and a retrieval quiz. Our ancient Greek visitor even brought in his shields, swords and spears for us to hold. Here are some pictures of our amazing day...



# ATTENDANCE AND PUNCTUALITY

At Swain House Primary School we believe that good attendance and punctuality are key to your child making good progress at school. Our aim is that all children have attendance at 95% or above.

The information below shows how attendance can affect your child's future progression.

## **Above 96%: Less than 8 days absence a year (0 to 44 hours of learning lost)**

Excellent attendance! These pupils will almost certainly get the best grades they can, leading to better prospects for the future. Pupils will also get into a habit of attending school which will help in the future.

## **95% - 95.9%: Less than 10 days absence a year (0 to 55 hours of learning lost)**

These pupils are likely to achieve good grades and form a habit of attending school regularly, but are less likely to do as well as a child with attendance above 96%. Pupils who take a 2 week holiday every year can only achieve 95% attendance.

## **94.9% and lower to 90%: 10 to 19 days absence a year (55 to 105 hours of learning lost)**

Pupils with attendance below 95% have attendance below the national average and they are at risk of missing key lessons in a sequence of lessons and may find it hard to keep up with their work. They may find this level of attendance, particularly if it is erratic, adversely affects their friendship groups as pupils play with other children when they are absent.

## **90% and lower: 19 or more days absence a year (at least 105 hours of learning lost)**

The Government identifies pupils with attendance below 90% as "Persistent Absentees", and it will be almost impossible to keep up with work. Parents of pupils in this group could also face the possibility of legal action being taken by the Local Authority.

If your child is absent due to illness, school will ask for supporting documents. Some examples of evidence that could be used are: Prescriptions, Appointment Cards, Doctor's Notes, etc. Please ensure any routine appointments are made out of school hours. If this evidence is not supplied when your child returns after an illness or medical absence, your child's absence will be recorded as "**unauthorised**".

Please could I remind you of the importance of getting your child to school on time. The doors open at **8.30am and close promptly at 8.40am**; if you arrive after this time until 9am, your child will be classed as late. Any child that arrives after 9am will receive an unauthorised absence mark and this will affect their attendance percentage. High levels of unauthorised absences or poor punctuality will result in a referral to Bradford Education Safeguarding Attendance Team.

Children who arrive at school late are greatly disadvantaged because they miss starting the day with their peers and the beginning of lessons. This means that they are often unsettled and confused about tasks. It is essential that you ensure that your child arrives at school on time to prevent disruption to your child's own learning and that of others. It is also very important that children establish good routines and habits in preparation for the rest of their lives. Punctuality is a life skill that they need to develop whilst they are young.

Please remember that we also run a Breakfast Club which is available to children from **Great Oak Nursery to Year 6 from 7.30am**.

# HAPPY MATERNITY LEAVE TO YOU!

We would like to say goodbye and best wishes to Mrs White, who left us last Friday to go on maternity leave!

We are looking forward to meeting Baby White when they come to school and visit us.



## SENDCO NEWS

Miss Broomfield is going to be taking on the role of SENDCO while Mrs White is on maternity leave.

Mr George is also the Assistant SENDCO and if you would like to talk to them about any issues or concerns, please ring the school office or email them on [send@swainhouse.bradford.sch.uk](mailto:send@swainhouse.bradford.sch.uk)



# SHARING YOUR NEWS!

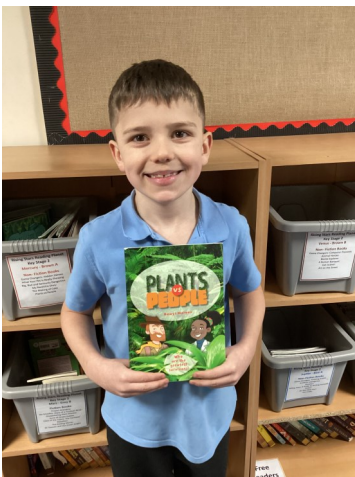


Charlie in Year 3 has been awarded a trophy for great work in his football training sessions— Well done Charlie, we are very proud of you!

If you have any news about your child's achievements that you would like to share in our newsletter, please speak to your child's class teacher!

# READING PLANET REVIEWS!

As part of our Key Stage 2 reading scheme, we would like to use our weekly newsletter to help promote and share some of your children's favourite stories that they have read. Each week, we will be sharing book reviews that have been written by your children. Hopefully these reviews will inspire our children to read one of the books when they choose their next one.



## **Plants VS People—Hawys Morgan**

I found this book really interesting to read. It is about how plants grow and survive in really extreme places in the world. If you like science and plants you will love this book!

**Freddie—Year 3**



**CLICK THE ICON TO SEE REGULAR UPDATES  
ON OUR FACEBOOK PAGE!**



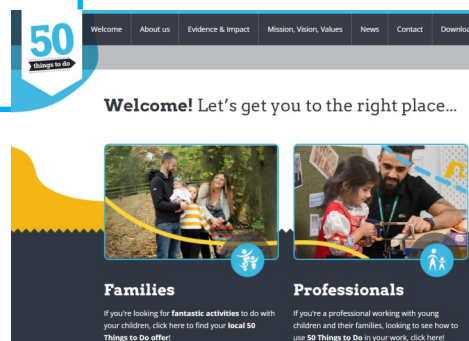
# 50 THINGS TO DO BEFORE YOU'RE FIVE



We are thrilled to be launching '50 Things to do before you're five' at Swain House Primary School. The 50 Things programme has been developed in Bradford and is based on the simple notion that access to life-changing, fun, low-cost or no-cost experiences with your family is a great way to support and develop young children's oracy skills and confidence.

To access the website for more information ,  
click [here](#)

Download the app today to find out more  
information about each activity.



Ages 0-4

A menu of fun, affordable ideas for play and learning with your 0-4 year old. Get daily inspiration from these simple and engaging activities that preschoolers love!

Download the Before You're Five  
mobile app using the following  
links:



# FREE FAMILY MATHS LESSONS FOR YEARS 1 AND 2



As a school, we are very excited, that we have been chosen to provide our parents/carers of children in Year 1 and Year 2 Family Maths sessions, here at school. These sessions will be delivered by White Rose Education, in partnership with West Yorkshire Combined Authority.

The sessions will be fun and interactive, with the aim of giving you lots of ideas and resources that you can take away and play at home. The aim of the sessions are to help you support your child's maths learning in school and at home. The sessions are for parents/carers to have fun with their children, whilst the maths specialist shows you ways you can use everyday resources and the resources given, to help improve your child's mathematical understanding.

The sessions will be delivered in three 45-minute slots that will be held on the dates below in our small hall:

**Session 1 – Tuesday 4<sup>th</sup> February at 9:00am**

**Session 2 – Tuesday 11<sup>th</sup> February at 9:00am**

**Session 3 – Tuesday 25<sup>th</sup> February at 9:00am**

Refreshments will be provided at each session for parents/carers and children. Excitingly, lots of amazing free games/resources will be given out after each session for you to take home and keep!

To confirm your attendance to all three sessions please fill in and submit the form below by scanning the QR code or accessing the link <https://shorturl.at/ugHyO>:



For the first session, you will need to bring along ID, such as a utility bill or driving licence. This is only to check your address, so White Rose Education can see you are a resident of Bradford, as Bradford Council fund the project.

If you have any questions or would like to use a school device to complete the form, please do not hesitate to come and ask.

# AUTISM PARENTS' WORKSHOPS



## Autism Parents' Workshops

Friday 31st January 2:20-3:00  
or Friday 7th March 8:45-9:20



Delivered by Jo Boden-Hook  
(specialist teacher) from the  
SCIL Team.

Please enter via the Community  
Entrance

# MYHAPPYMIND

## OUR CONVERSATION CARD OF THE WEEK



### Enjoy a conversation!

Each week we will share a conversation card. These are designed to help you have meaningful and fun conversations with your child and aid discussions about mental health and happiness.

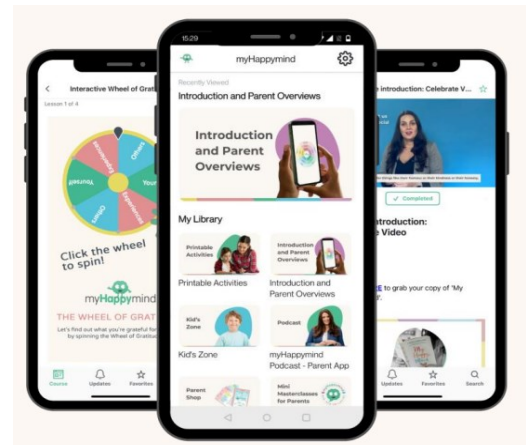
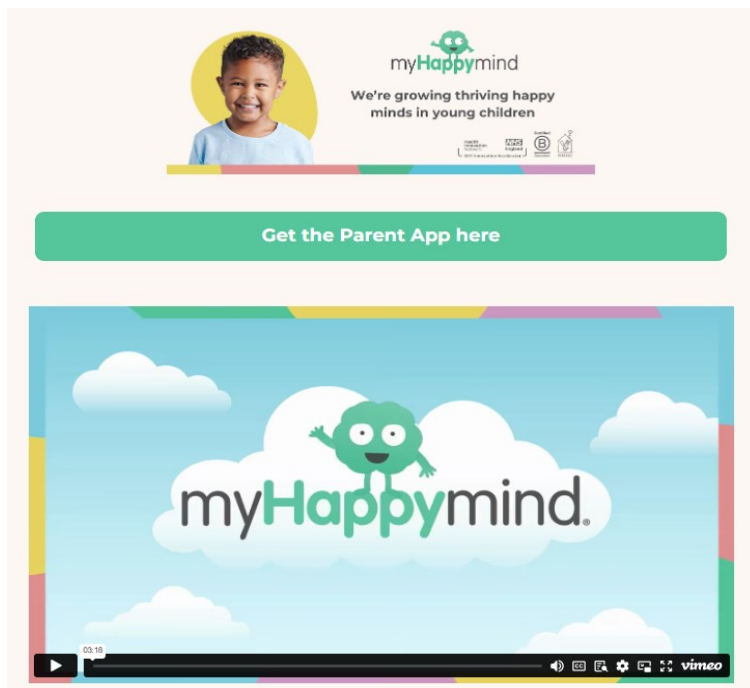




# MYHAPPYMIND PARENT APP

## myHappyMind Parent App

Download the Parent App to learn all about the Science of Happiness and also access a range of games, songs, Happy Breathing resources and much more at home!



Scan the QR code to access information about the Parent App.



Once on the webpage click on the 'Get the Parent app here' tab.

Complete your details, then you will be sent access details via email.

Our school Authentication Code is **107220**

# WEEKLY UPDATES

## ATTENDANCE AND PUNCTUALITY

Here are this week's attendance and punctuality figures. There is a proven link between attendance and achievement and it is therefore very important that your child attends school and is on time unless they are too unwell to do so. Our doors open at **8.30am** and close at **8.40am**.

Please see the information below for our whole school and class attendance for the week ending **24/01/25**.

### Early Years and Key Stage 1:

CLASS	PERCENTAGE %	LATES
Elm	88.8%	4
Willow	95.4%	3
Kandinsky	98.1%	4
Matisse	96.8%	0
Lowry	96.7%	4
Van Gogh	96.2%	3

### Key Stage 2:

CLASS	PERCENTAGE %	LATES
Anne Fine	97.2%	2
Roald Dahl	92.8%	1
JK Rowling	99.4%	3
Michael Morpurgo	94.2%	2
Elgar	94.2%	3
Mozart	95.2%	4
Beethoven	89.4%	6
Vivaldi	96.4%	2

Congratulations to **Kandinsky Class** and **JK Rowling Class** for having the **best attendance** this week.

Well done to **Matisse Class** for having no lates!

Our whole school attendance this week:

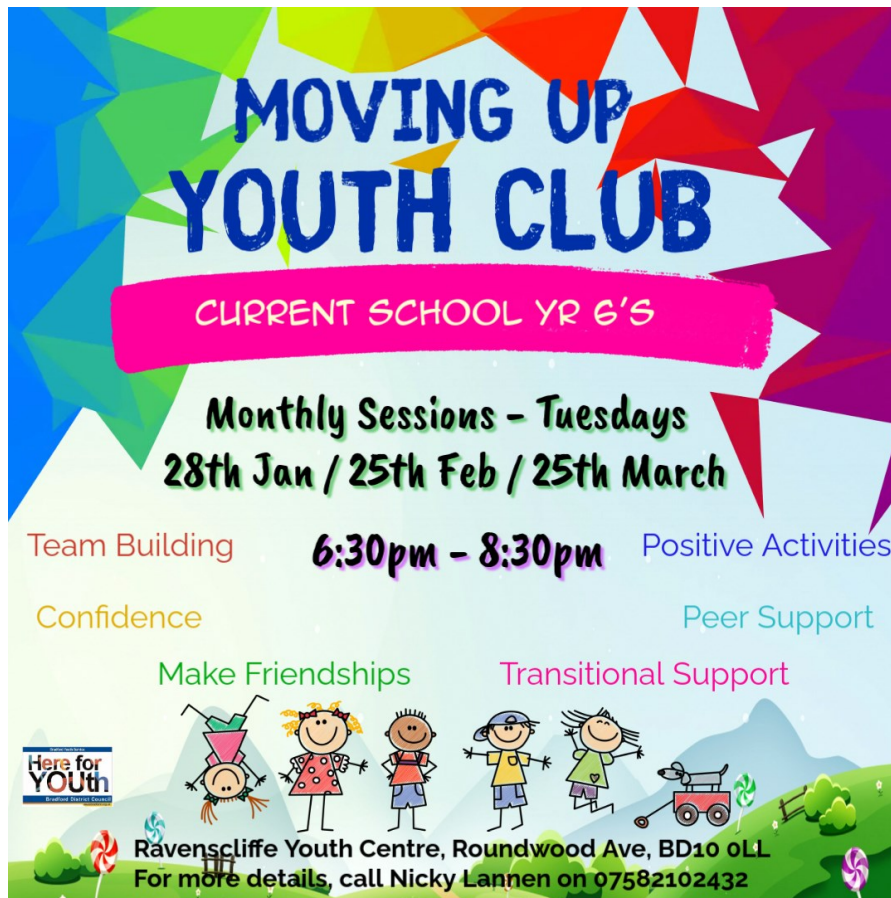
**95.1%**

## COMMUNICATION SINCE THE LAST NEWSLETTER

These are the letters, messages and website updates that have been sent out this week. If you have not received any of these letters, please speak to your child's class teacher or contact the office on

<b>WEBSITE UPDATES:</b>	National Online Safety - 'Wake Up Wednesday' guide from National Online Safety is about 'Health and Fitness apps'.
<b>LETTERS:</b>	20.01.25 - Attendance & Punctuality 23.01.25 - Michael Morpurgo Class Assembly 23.01.25 - Rearranged Van Gogh Class Assembly 23.01.25 - Year 4 Anglo Saxon Workshop
<b>MESSAGES VIA PARENTAPPS:</b>	23.01.25 - Parents Evening Reminder

# COMMUNITY NEWS



## MOVING UP YOUTH CLUB


CURRENT SCHOOL YR 6'S


Monthly Sessions - Tuesdays  
28th Jan / 25th Feb / 25th March

Team Building      6:30pm - 8:30pm      Positive Activities

Confidence      Peer Support

Make Friendships      Transitional Support



 Ravenscliffe Youth Centre, Roundwood Ave, BD10 0LL  
For more details, call Nicky Lannen on 07582102432

# COMING UP THIS TERM

## SPRING TERM ASSEMBLY SCHEDULE

DAY	DATE	TIME	EVENT
Thursday	30.01.25	2.30pm	Michael Morpurgo Class Assembly
Thursday	06.02.25	2.30pm	Elgar Class Assembly
Tuesday	11.02.25	2.30pm	Van Gogh Class Assembly - Rearranged
Thursday	13.02.25	2.30pm	Lowry Class Assembly
Thursday	27.02.25	2.30pm	JK Rowling Class Assembly
Thursday	13.03.25	2.30pm	Kandinsky Class - Holi Assembly
Thursday	20.03.25	2.30pm	Anne Fine Class Assembly
Thursday	27.03.25	2.30pm	Lowry Class – Vaisakhi Assembly
Thursday	03.04.25	2.30pm	Mozart Class – Easter Assembly



Careers week—3rd-8th March 2025

# REMINDERS

## BREAKFAST CLUB

Our Breakfast Club opens at 7.30am at a cost of £3.00 each per day or at 7.45am at the cost of £2.50 each per day. Children from Nursery to Year 6 can attend.

If you would like to book your child into Breakfast Club, please use ParentPay.

## AFTER SCHOOL CLUB

Our After School Club is available until 4pm at a cost of £2.50 each per day.

If you would like to book your child into After School Club, please use ParentPay.

## EXTRA CLUB

We also offer an Extra Club service that runs until 6pm at a cost of £4.50 per day.

If you would like to book your child into Extra Club, please use ParentPay.

**Please can you ensure that Extra Club places are booked and paid for in advance - by Monday morning. This ensures registers are accurate and places are booked and guaranteed.**

## COMING UP THIS TERM

ANY NEWLY ADDED ITEMS WILL BE IN BLUE

DAY	DATE	TIME	EVENT
Tuesday	28.01.25	3.15pm – 6.15pm	Parents Evening
Monday - Friday	03.02.25 - 09.02.25		Mental Health Week
Tuesday	11.02.25		Safer Internet Day

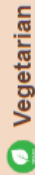
# MENU 27/01/25

NEW MENU, 5 FEB 2025



## WEEK 1

### MON



**Vegetarian**

**Chilli & Nachos**  
(Served with Garlic Bread or Rice & Salad)



**Halal Beef Bolognese**  
(Served with Pasta, Garlic Bread & Salad)



**Spaghetti Marinara**  
(Served with Garlic Bread & Salad)

**Assorted Jackets / Sandwiches**



**Jam Sponge**  
(Served with Custard)



**Freshly Prepared Fruit**



### TUES



**Minced Beef & Onion Pie**  
(Served with New Potatoes & Seasonal Vegetables)



**Cheese & Potato Flan**  
(Served with New Potatoes, Seasonal Vegetables or Salad)

**Assorted Jackets / Sandwiches**



**Fruit Jelly**



**Freshly Prepared Fruit**

### WED



**Roast Meat**  
(Served with Yorkshire Pudding, Roast Potatoes, Seasonal Vegetables & Gravy)



**Vegetarian Cottage Pie**  
(Served with Yorkshire Pudding, Seasonal Vegetables & Gravy)



**Halal Roast Chicken**  
(Served with Yorkshire Pudding, Roast Potatoes, Seasonal Vegetables & Gravy)

**Assorted Baguettes**

**Sprinkle Cake**

(Vanilla Sponge topped with water icing and sprinkles)



**Freshly Prepared Fruit**

### THUR



**Cheese & Tomato Pizza with Chipped Potatoes**  
(Served with Chipped Potatoes, Baked Beans or Salad)



**Quorn Sausage**  
(Served with Chipped Potatoes & Salad)

**Assorted Jackets / Sandwiches**



**Chocolate Sponge**  
(With Chocolate Sauce)



**Freshly Prepared Fruit**

### FRI

**Chicken Goujons**  
(Served with Jacket Wedges, Coleslaw or Salad)

**MSC Battered Fish**  
(Served with Jacket Wedges and Seasonal Vegetables or Salad)



**Vegetable Pakoras**  
(Served with Jacket Wedges, Riata & Salad)

**Assorted Sandwiches**



**Butterfly Buns**



**Freshly Prepared Fruit**

# NATIONAL ONLINE SAFETY

This week, our 'Wake Up Wednesday' guide from National Online Safety is about 'Health and Fitness apps'.

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit [nationalcollege.com](https://nationalcollege.com).

## What Parents & Educators Need to Know about HEALTH & FITNESS APPS

### WHAT ARE THE RISKS?

Physical wellbeing apps are useful tools for monitoring and improving our health. They allow us to balance nutrition, set goals, track our activities and sleep patterns, and motivate us to exercise. Nonetheless, there have been some reported drawbacks; this guide outlines some of these concerns and explains how to use fitness apps safely.

#### LACK OF PERSONALISATION

Many apps take a one-size-fits-all approach, failing to account for the varying ages and abilities of children: a 16-year-old, for example, will have different physical needs to a child of 10. This can create unrealistic expectations and set exercises which may be too advanced for younger children or too simple for older ones.

#### NOT DEVELOPED BY EXPERTS

Some fitness and wellbeing apps are developed by experts in the field – but a concerning number of them aren't. As such, these platforms may contain inaccurate information. They may present safety concerns by giving incorrect advice regarding physical activities or might include age-inappropriate content which would clearly cause more harm than good.

#### REDUCED INTERACTION WITH OTHERS

Physical wellbeing apps can remove the social and interactive elements which physical exercise can offer – for instance, meeting people at fitness classes, at the gym or during any other such activities. Research has found that young people generally dislike this aspect of fitness apps, suggesting that they would rather exercise in the company of friends or other like-minded individuals.

#### DATA AND PRIVACY CONCERNS

Fitness and wellbeing apps tend to collect a lot of personal information from their users, including name, location, date of birth, details of their physical health and more. It's worth keeping in mind that some of these apps may sell this data to third parties. We'd advise that any apps young people download should have the correct legislation in place to protect their safety and privacy while using the service.

#### ADDITIONAL COSTS

While many fitness apps are free to download, the initial content is quite basic. Users will only receive more helpful content (such as new workouts, nutrition advice or a personalised plan) by signing up to a subscription or paying for extra features. This can incentivise users to spend money on the service – a cost which can quickly mount up.

#### DEPENDENCY ON THE APP

While physical wellbeing apps can help motivate young users to manage their fitness, there's a possibility that – without being sent frequent rewards and reminders – children could start to lose their natural drive to be active. Young people may also become obsessed with tracking their exercise, health and eating habits: this can have negative effects on their mental and emotional wellbeing.

## Advice for Parents & Educators

#### EXERCISE AND SOCIALISE

Highlight the importance of children enjoying fitness activities with family and friends, rather than always exercising alone. Emphasise the fun they can have by interacting with others rather than solely relying on an app to maintain their regime. Remind them of the importance of staying active, as well as the benefits of doing so with company.

#### PROMOTE POSITIVE BODY IMAGE

While we want children to be active and healthy, we must also ensure they don't become fixated on how they look and begin take things too far. During childhood and adolescence, the body is still growing and changing. It's vitally important for young people's wellbeing that we promote a positive body image and a healthy relationship with food, empowering them to make informed decisions about their diet and lifestyle.

#### REVIEW THE APP FIRST

Before allowing someone under 18 to install a fitness and wellbeing app, check its age rating, read its reviews and scroll through its data policy, to ensure its suitability for younger users. You could also try it yourself, to see if it's appropriate for the child's particular needs and decide if you're comfortable with them using it. Ensure that any privacy-compromising features – such as location tracking – are disabled.

#### USE PARENTAL CONTROLS

As with all apps, it's important for parents to familiarise themselves with any controls on the app and to use these on a child's account. The specific settings vary between platforms but – most commonly – these will relate to screen-time limits, disabling or capping in-app purchases, and managing social aspects or features which aren't age appropriate. By utilising these controls, you can help to ensure a child is getting a safe experience.

#### Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian Government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.



#WakeUpWednesday

The National College

Source: See full reference list on guide page at: <https://nationalcollege.com/guides/wellbeing-fitness-apps>

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