

NEWSLETTER

FRIDAY 2ND DECEMBER



TEL: 01274 639049

WWW.SWAINHOUSE.CO.UK

EMAIL: OFFICE@SWAINHOUSE.BRADFORD.SCH.UK

ASPIRE

BELIEVE

PERSEVERE

ACHIEVE

RECEPTION'S NEW OUTDOOR EQUIPMENT!

This week, children in Reception have been very lucky to receive some new outdoor equipment for them to enjoy. We have worked closely with Calverly company 'Outdoor Classrooms' to enhance our outdoor learning environments in Early Years. As you can see, the children have loved exploring the new equipment this week.



YEAR 2 TRIP TO THE LIBRARY!

On Wednesday, Year 2 went on a visit to Eccleshill Library. We learnt all about how the library works and how the books are organised. We had the opportunity to share books with our friends and loved reading with each other. We brought home an activity booklet where you can sign up to the library for free by scanning the QR code.



GREAT OAK NURSERY CHRISTMAS CRAFT SESSION!

On Thursday 1st December, Great Oak Nursery invited their family members into school for a morning and afternoon of Christmas Crafts. They enjoyed spending time with their family members who were even treated to a hot chocolate! Take a look at what they got up to below!



READING PLANET REVIEWS!

Following the successful introduction of our new Key Stage 2 reading scheme, we would like to use our weekly newsletter to help promote and share some of your children's favourite stories that they have read. Each week, we will be sharing book reviews that have been written by your children. Hopefully these reviews will inspire our children to read one of the books when they choose their next one.

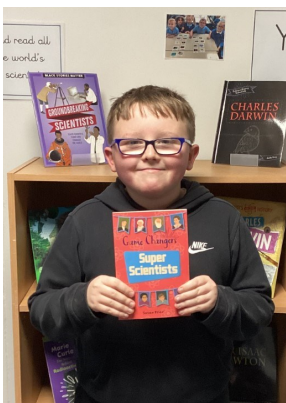
Animal Heroes (Venus)

I really enjoyed Animal Heroes. It is about animals saving people and it's non-fiction. In 1986, Levan Merritt was just five years-old when he fell into a gorilla pit at the zoo. Amazingly, Jambo the gorilla stroked his back and guarded him from the other gorillas until help came. Jambo was an animal hero! You should read this book because it is exciting and fun.

Freddie, Year 3

Super Scientists (Free Reader)

'Super Scientists' is an amazing non-fiction book all about different scientists – some even from the 1800s. I loved learning about Stephen Hawking because even though he has a disability, he was still able to achieve great things. He has certainly inspired me to become a scientist too! Did you know? There was something called the 'Doppler Effect' that is named after Austrian physicist Christian Andreas Doppler. The 'Doppler Effect' is why when a car drives near you, the sound of the engine is high in pitch but when it is further away from you, the sound of the engine is low in pitch. I would recommend this book to anyone who enjoys science or history because it will teach you about scientists that you never have heard of!



Oscar, Year 6

TIMES TABLES ROCK STARS!

This week our Times Tables Rock Stars, Class Stars of the Week are:

CLASS	TT Rock Stars Star of the Week:
Anne Fine	Harry Does
Roald Dahl	Eesa Zulqarnain
Jacqueline Wilson	Eesa Nawaz
JK Rowling	Kennzie Hardy
Elgar	Mason McCaffery
Mozart	Charlie Jackiel
Beethoven	Ciara Townley
Vivaldi	Riley Foster



SHARING YOUR NEWS!

If you have any news about your child's achievements that you would like to share in our newsletter, please speak to your child's class teacher!

WEEKLY UPDATES

ATTENDANCE AND PUNCTUALITY

Here are this week's attendance and punctuality figures. There is a proven link between attendance and achievement and it is therefore very important that your child attends school and is on time unless they are too unwell to do so. Our doors open at **8.30am** and close at **8.40am**.

Please see the information below for our whole school and class attendance for the week ending **02/12/22**.

Early Years and Key Stage 1:

CLASS	PERCENTAGE %	LATES
Elm	75.2%	2
Willow	75.0%	6
Kandinsky	94.5%	2
Matisse	89.3%	1
Lowry	87.7%	3
Van Gogh	86.0%	3

Key Stage 2:

CLASS	PERCENTAGE %	LATES
Anne Fine	84.5%	3
Roald Dahl	93.5%	4
JK Rowling	94.7%	0
J Wilson	92.6%	4
Elgar	91.9%	1
Mozart	85.5%	1
Beethoven	91.3%	0
Vivaldi	89.0%	4

Congratulations to **Kandinsky Class** and **JK Rowling Class** for having the **best attendance** this week.

Well Done to **JK Rowling Class** and **Beethoven Class** for having **no lates**!

Our whole school attendance this week:

87.7%

COMMUNICATION SINCE THE LAST NEWSLETTER

These are the letters, messages and website updates that have been sent out this week. If you have not received any of these letters, please speak to your child's class teacher or contact the office on **01274 639049**.

WEBSITE UPDATES:	National Online Safety - Social Media and Mental Health
LETTERS:	29/11/2022 - KS2 Carol Concerts 29/11/2022 - Christmas Events 29/11/2022 - Secret Santa Shop 2022 01/12/2022 - Chaplins Panto
MESSAGES VIA PARENTAPPS:	29/11/2022 - Christmas Jumper Day 02/12/2022 - Book Fair in School

SPOTLIGHT ON SEND

(SPECIAL EDUCATIONAL NEEDS AND DISABILITIES)

Each half-term, I write a section on our school newsletter to keep parents and carers of pupils on the SEND register 'in the loop' about all things SEND related. I highlight support available in school and also resources and workshops available in the local area. This half-term, I am shining the spotlight on supporting children with social, emotional and mental health needs over the festive season.

Mrs White - Assistant Head/SENDco

Bradford Local Offer

The Local Offer brings together information for children and young people with special educational needs and disabilities and their families.

<https://localoffer.bradford.gov.uk/>

Coping with Christmas

CLICK ON THE LINK [HERE](#) FOR 10 TIPS FOR MAKING CHRISTMAS EASIER AND HELPING YOUR CHILD MANAGE THE CHANGES.

Christmas brings a change of routine for all children. It is an exciting time but can also bring with it anxiety. The link above has ideas to help prepare for this time and the link below is a collection of activities to help pass the time that comes with two weeks away from school.

[20 Activities for 20 minutes from Young Minds](#) is aimed at getting families having fun and talking.

Young Minds Parent Helpline: 0808 802 5544

Available from 9:30am to 4:00pm Monday to Friday

Upcoming Dates:

4th January 2023 –

World Braille Day

2nd February 2023

– Time to Talk Day

13th - 19th March

2023 -

Neurodiversity

Week

16th March 2023 –

Young Carers

Action Day

Get Sensory - Christmas Dough Ho Ho

Try adding seasonal smells to a basic playdough recipe. You could add spices like ginger, cinnamon, nutmeg and cloves, or peppermint essence.

Playdough recipe:

For one playdough ball, mix together in a bowl:

- 8 tbsp plain flour
- 2 tbsp table salt
- 60ml warm water
- 1 tbsp vegetable oil
- food colouring (optional)



You can store your playdough in a plastic sandwich bag in the fridge to keep it fresh. Make sure to squeeze out the air!

MENU W/C 05/12/22

Swain House Primary School

Week Commencement
14th Nov, 5th Dec, 16th
6th Feb, 27th Feb, 20th

MENU Week 3

MON	Choose from... <ul style="list-style-type: none">Pasta BologneseHalal Pasta BologneseItalian Tomato Pasta	Desserts... <ul style="list-style-type: none">Orange & Lemon SpongeFreshly Prepared Fruit
TUE	Choose from... <ul style="list-style-type: none">BBQ Chicken & RiceHalal Chicken Tikka MasalaSoya Mince Keema Curry	Desserts... <ul style="list-style-type: none">Chocolate Ice Cream RollFreshly Prepared Fruit
WED	Choose from... <ul style="list-style-type: none">Halal Sheesh KebabQuorn Meatballs in GravyBraised Sausage	Desserts... <ul style="list-style-type: none">Ginger SpongeFreshly Prepared Fruit
THUR	Choose from... <ul style="list-style-type: none">Cheese & Tomato Pizza	Desserts... <ul style="list-style-type: none">Oat CookieFreshly Prepared Fruit
FRI	Choose from... <ul style="list-style-type: none">Fish FingersSouthern Fried Quorn Burger	Desserts... <ul style="list-style-type: none">Chocolate SpongeFreshly Prepared Fruit

Suitable for



REMINDERS

BREAKFAST CLUB

Our Breakfast Club opens at 7.30am at a cost of £2.50 each per day or at 7.45am at the cost of £2.00 each per day. Children from Nursery to Year 6 can attend.

If you would like to book your child into Breakfast Club, please use ParentPay.

AFTER SCHOOL CLUB

Our After School Club is available until 4pm at a cost of £2.00 each per day.

If you would like to book your child into After School Club, please use ParentPay.

EXTRA CLUB

We also offer an Extra Club service that runs until 5.30pm at a cost of £4.00 per day.

If you would like to book your child into Extra Club, please use ParentPay.

Please can you ensure that Extra Club places are booked and paid for in advance - by Monday morning. This ensures registers are accurate and places are booked and guaranteed.

If you have any problems booking any of our before or after school clubs, please contact Miss Armitage, one of our learning mentors.

DIARY DATES

ANY NEWLY ADDED ITEMS WILL BE IN BLUE

DAY	DATE	TIME	EVENT
Monday	05/12/22	9.00 - 10.00 1:45 - 2:45	Reception Christmas Crafts Session
Tuesday	06/12/22	10:30 - 11:15 2:00 - 2:45	Little Acorns Nursery Christmas Crafts Session
Tuesday	06/12/22	8:30 -12:30 1:30 - 3:30	KS2 WW1 Exhibition
Thursday	08/12/22	2:30	JK Rowling Hanukkah Assembly

COMING UP THIS HALF TERM

Bradford Remembers...

Key Stage 2 World War 1 Exhibition

On Tuesday 6th December 2022, we are hosting a Key Stage 2 exhibition of all of our wonderful learning about the First World War this half term.

The exhibition will take place in the small hall and will be open to parents, family members and the local community at the times below:

8.30am-12.30pm

1.30pm-3.00pm

Our children have worked super hard this half term and have done some fantastic learning for our new topic. We would love the opportunity to share our learning with you over a cup of tea and biscuits.



Once again, we are having a Secret Santa Shop in school where your child can buy a surprise Christmas gift for mum, dad or any other adult for £2. All your child needs to do is bring their money into school in a named, seal envelope. Your child will then bring home the surprise present to put under the tree for you to open on Christmas morning.

The shop will be open from **Monday 5th December to Wednesday 7th December 2022.**

Please note that only 2 gifts per child can be purchased.

CHRISTMAS DATES!

As we know this time of year can be busy, we want to give parents and carers plenty of notice for our upcoming Christmas events!

DAY	DATE	TIME	EVENT
Wednesday	07/12/22	2pm	Y3/Y4 Carol Concert
Thursday	08/12/22	10am	Y5/Y6 Carol Concert
Friday	09/12/22	All Day	Christmas Jumper Day
Friday	09/12/22	Lunch Time	Christmas Dinner Day
Monday	12/12/22	Afternoon	Y1—Y6 Christmas Parties
Tuesday	13/12/22	10am and 2pm	Early Years Nativity
Wednesday	14/12/22	Afternoon	Early Years Christmas Parties
Thursday	15/12/22	10am and 2pm	KS1 Nativity
Thursday	15/12/22	5.30pm - 7.00pm	Glitz and Glam Disco

COMMUNITY NEWS

SONIC BOOM

New term starts
31.10.22/4.11.22

1 class	2 classes
Mini/Junior £35	Mini/Junior £59.50
Inter/Senior £42	Inter/Senior £66.50
Siblings £24.50	Siblings £49

7 week block!
Pay Monthly Option Now Available

LITTLETOPS TODDLER CLASSES

Circus sensory classes aimed at toddlers and preschoolers. Siblings older and younger are welcome with plenty for them to do too!

A great balance of instructor-led activities including dance, acrobatics, props, sensory, throwing and catching and free exploration time on our circus equipment.

Aerial hammock and trapeze, climbing frames, bouncy castle, slides, balance equipment, sensory area and a large matted area.

Fridays
9.30-10.30
Footsteps Theatre School
Westfield Lane, Idle

First child £6 class. Additional children £3 a class or £25 for 5 classes (£12.50 siblings)

SAVE THE DATE 12.11.2022

FESTIVE LAUNCH

12PM-7PM WITH LIGHTS SWITCH ON AT 6:30PM
FIREWORKS DISPLAY AT 7PM

GHG GREATEST HITS RADIO
pulse1
THE BROADWAY
SHOP | WATCH | EAT | PLAY

ASPIRE PRO COACHING



GOALS BRADFORD

ASPIRE PRO

IN PARTNERSHIP WITH
GOALS SOCCER CENTRE

SATURDAY MORNINGS
GOALS SOCCER CENTRE
9:30AM TIL 10:30AM
AGES 5-7 & 7-11
£30 (6 WEEK TERM)
TERM TIME ONLY
FA QUALIFIED COACHES

PLEASE CONTACT US VIA FACEBOOK/INSTAGRAM
ACCOUNTS OR VIA EMAIL
ASPIREPROCOACHING@GMAIL.COM



ASPIRE PRO COACHING



SEN SESSIONS

Making the thrill of Gravity inclusive fun for everyone

Use code **COMPCARER** at checkout for 1 x Free Carer with every SEN session

BOOK NOW

Van Gogh Alive
the experience

**The Regency Hall Yorkshire
Bradford**

BD25 BRADFORD UK City of Culture 2025

BRADFORD METROPOLITAN DISTRICT COUNCIL

13 OCTOBER 2022 - 8 JANUARY 2023

Van Gogh Alive is in Yorkshire for a limited amount of time only

NATIONAL ONLINE SAFETY

This week, our 'Wake Up Wednesday' guide from National Online Safety is all about 'Social Media and Mental Health'.

At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many issues which we believe trusted adults should be aware of. Please visit www.nationalonlinesafety.com for further guides, hints and tips for adults.

What Parents & Carers Need to Know about SOCIAL MEDIA & MENTAL HEALTH

An estimated one-third of children have a social media account, so it's important that trusted adults know what content young people are consuming, what they're posting and the interactions they're having. On social media, it can be easy to go down 'rabbit holes' that aren't beneficial to our wellbeing. As platforms grapple with managing such 'legal but harmful' content, lives are being impacted – sometimes to tragic effect. We might be daunted by the scale of the tech giants and their content which so enthral young people, but we can still help children to be aware of their mental wellness: recognising when something isn't OK... and knowing what to do about content that upsets them.

- 1. UNDERSTAND THE ALGORITHM**
Algorithms rank content by user interest: someone who regularly interacts with sports news, say, will see the latest results at the top of their feed. Likewise, if a user browses content that can cause harm, that's what will be recommended to them in future. Someone who's had a bad day and looks for posts which reflect their mood will find similar content being suggested to them more and more.
- 2. AVOID THE MAIN FEEDS**
Avoiding the default feeds on social media platforms limits the amount of recommended content that's shown. Users can opt to only scroll through the accounts they follow, use restricted modes, or highlight posts that they don't want to see more of. Explore the platform safety settings to see how you can take control of what your child's phone shows them when they open the app.
- 3. DISCUSS WHAT THEY'VE SEEN**
Chatting about what your child's seen online keeps you aware of the content they're interacting with. Don't assume that platforms are screening out inappropriate material, or even that your child would recognise content as being harmful. Discuss who they follow, what posts they like and what comes up in their feeds: if alarm bells ring, it could be time for a more in-depth talk or to seek support.
- 4. LEARN HOW TO HIDE CONTENT**
If your child stumbles across unsuitable content on social media, there's the option to hide that post as well as indicating you'd prefer any similar material not to be suggested in future. On some platforms, you might also be able to block posts that contain specific words, which is an excellent way to start taking control of what your child sees online.
- 5. SET DAILY LIMITS**
Phones and most apps can tell you how much they're being used. Spending too long online can mean a child misses out on other activities that are important to all-round wellbeing. You could set some family rules – for everyone to follow – around device use, such as screen time limits and tech-free spaces: involving your child in creating this agreement makes them more likely to stick to it.
- 6. MONITOR THEIR ACTIVITY**
Keeping a discreet eye on how your child is using social media can help ensure they're not entering potentially dangerous situations. As they grow up, of course, children need space to exercise their independence – but you can still occasionally ask to see what they're looking at. Be transparent about your own social media use and try not to sound judgemental about your child's.
- 7. TURN OFF PUSH NOTIFICATIONS**
Even for adults, it's tempting to check an email or message as soon as the alert sound pings. Push notifications encourage people to open their apps and spend time on their device, so turning them off will help your child to practise mindful use of tech. Most of us have other things that we need to focus on as a priority – and those notifications will still be there later, when we have more time.
- 8. USE DEVICES TOGETHER**
Giving children internet-enabled devices and complete freedom to explore platforms on their own can result in exposure to hugely damaging content. You could consider making a particular area at home a designated space to use phones, tablets and so on – making it much easier to monitor what content your child is viewing and (if necessary) steer them away from any potentially harmful paths.
- 9. ENCOURAGE OTHER ACTIVITIES**
Mental health professionals often highlight the importance of exercise, quality time with loved ones, a balanced diet and restful sleep for our mental wellbeing. Spending hours on social media can cause us to sacrifice other activities that our brains need to feel well – so encouraging your child to put down their phone and enjoy something that doesn't involve a screen can be immensely beneficial.
- 10. TALK ABOUT PEER PRESSURE**
Most platforms default children's accounts to private, so only people they've accepted as friends can see their posts. This reduces the risk of bullying or unkind comments, but – just like offline life – the digital world can still make children feel as if they need to act or look a certain way to fit in. Talk to your child about peer pressure, and listen to any concerns so you can provide the support they need.

Meet Our Expert
Shazia Sarwar-Azim is executive headteacher at a specialist primary school and, as an emotional therapy coach, works with school leaders to focus on the SEND, mental health and wellbeing agenda. A passionate advocate for vulnerable learners, Shazia is a Fellow of the Chartered College of Teaching and the author of *The Rainbow Within*, a book which supports children with SEMH needs.

NOS National Online Safety
#WakeUpWednesday

www.nationalonlinesafety.com @natonlinesafety /NationalOnlineSafety @nationalonlinesafety

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 30.11.2022