**Growing and Changing**

**Year 1**

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| In Summer 2 we will be learning all about growing and changing |
| This is what we will be learning about | * Getting help
* Becoming independent
* My body parts – in these lessons, children will be able to: identify parts of the body that are private; describe ways in which private parts can be kept private; identify people they can talk to about their private parts and identify body parts inside the body
* Taking care of myself and others
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| Here is some of the vocabulary we will be using | Organ, brain, heart, lungs, intestines, stomach, digested, oxygen, caring , change, teasing, unkind, bully, bullying, surprise, privates, love, growing, secret, private, attention, tease, witness, uncomfortable, experience, getting help, penis, vulva, hygiene, same, unkind, rules, special people, fair, different, unkindness, safe, qualities, unfair, difference, tease, fair, feelings, kind, respect, teasing, unkind, bully, bullying, behaviour  |
| You can support your child by talking to them about their body parts and naming them, talking about how they have changed from when they were a baby, how they have become more independent and how they take care of themselves.  |
| If you have any questions about this learning or would like to view the resources we will be using in lessons, please speak to your child’s Class Teacher.  |