NEWSLETTER

FRIDAY 17TH OCTOBER 2025

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ASPIRE BELIEVE PERSEVERE ACHIEVE

YEAR 2 PEEL PARK

As part of their learning *'Proud to be from Bradford'* the children in Year 2 enjoyed a fantastic trip to Peel Park! They had a wonderful time exploring the beautiful grounds, discovering local landmarks and making special memories with their friends.

YEAR 5 VALLEY PARADE

Year 5 had a wonderful trip to Bradford City Football club at Valley Parade. We were able to see the memorial remembering those that lost their lives in the Bradford City fire and then had a behind the scenes tour of the stadium

RED STARS AND BLUE THUMBS UP

Children from Key Stage 1 enjoyed a visit to Mrs Pugh's office this week to collect their special sticker for achieving 10 Red Stars and 10 Blue Thumbs Up. It was smiles all round, we are very proud of them!

BLACK HISTORY MONTH

At Swain House, we have been celebrating Black History Month with whole school assemblies each week focusing on the significance of this month and the importance of different black people throughout history.

From Monday, all classes will be celebrating Black History Month with a week of special lessons. Each class will learn about a different historical person and their significance to black history and how it has changed the world for us all today. Children will complete this work for a Black History display around school.

EYFS - Hair - a joyous book celebrating different styles

Year 1 - Granville. T. Woods

Year 2 - Rosa Parks

Year 3 - Marcus Rashford

Year 4 - Bessie Coleman

Year 5 - Malorie Blackman

Year 6 - Jesse Owens

HALLOWEEN DISCO

Friends of Swain House Primary School

Tuesday 14th October 2025

Dear Parent/Carers

Halloween Disco Thursday 23rd October 2025

DISCO TIME: 5.00pm – 6.30pm

Children who attend our school are invited to a Halloween disco on Thursday 23rd October 2025 from 5.00pm to 6.30pm. **Parents of Nursery and Reception children must attend the disco with their child**; all other children will be supervised by volunteers of Friends of Swain House and school staff.

Please note our school disco will be ticket only to reduce the registration time
Please purchase tickets in advance

Tickets will be available to purchase on Parent Pay from Wednesday 15th October at the cost of £2.00 per ticket. If you have any issues with Parent Pay, please speak to staff at the main office. Tickets will be available until 3.00pm on Thursday 23rd October and will not be available to purchase at the school disco. Once paid, physical tickets will be given to your child, prior to the disco. Tickets must be brought to the disco on the night. Children will still need to be signed in at the start of the disco.

Entrance procedures

In order to reduce congestion at the main entrance, we will be asking parents/carers to bring their children into the piazza area and children will be registered for the disco in the small hall. This is when parents of children in Years 1-6 must leave. As we do not use the cloakrooms, please take your child's coat home with you when you leave.

At the end of the disco, at **6.30pm**, please enter school through the main entrance then go to the main hall where the children will be waiting. Once you have collected your child, please leave via the piazza as this avoids congestion. In the interest of safety, all children must be collected by an adult. If you need to collect your child before 6.30pm please inform a member of staff when you arrive so arrangements can be made. **Our mobile phone policy states that pupils are not allowed to have mobile phones on them during the school day; this has now been implemented at school discos. Parents that are in attendance must only take photos of their own children.**

Juice, crisps and sweets will be on sale. Tattoos and face painting will also be available. Please see the prices below.

- Pop – 50p
- Crisps – 50p
- Bag of Sweets – 50p
- Face Paint – £1
- Tattoos – one for 30p two for 50p

If you will be using a car to drop off or collect your child from the school disco, please be considerate of our local residents. Please do not block driveways or park anywhere dangerous.

Yours sincerely
Friends of Swain House

SPOTLIGHT ON SEND

Each half-term, I write a section on our school newsletter to keep parents and carers of pupils on the SEND register 'in the loop' about all things SEND related. I highlight support available in school and also resources and workshops available in the local area.

Mr George

Assistant SENDco

Keep updated with all things SEND at Swain House. Click here or scan the QR code.

Bradford Science Festival

During half term, there will be nine days of exciting events with locations across Bradford exploring the future of technology, fashion, climate, sound, and food. From catwalk shows to multi-sensory sound experiences, Bradford Science Festival has something for all ages and needs to explore.

Bradford Local Offer

The SEND Local Offer website provides valuable information and resources for parents and carers. There is a useful list of support groups available in the local area. Scan the QR code to see the support group list.

In their monthly newsletter you will find out about the latest useful SEND news, information, stories, upcoming events, consultations, holiday activities and much more inside every issue.

SENDiVERSE Festival

A whole week dedicated to imagination, creativity, and the incredible talents of children and young people with Special Educational Needs and Disabilities (SEND) across Bradford!

From Monday 27th October to Friday 31st October, the district will come alive with colour, music, movement, and creativity—all led by and for SEND children, young people, and their families.

Whether it's painting, performance, poetry, puppets—SENDiVERSE Festival will shine a spotlight on the voices and visions of SEND communities, bringing together families, artists, schools, health and care professionals, and cultural organisations in a joyful explosion of creativity.

World Mental Health Day - 10th October 2025

Every year, World Mental Health Day is celebrated on 10th October. World Mental Health Day is about raising awareness of mental health and driving positive change for everyone's mental health.

It's also a chance to talk about mental health, how we need to look after it, and how important it is to get help if you are struggling.

Please scan the QR codes below to access information and resources to support mental health.

mind Bradford District and Craven

RECEPTION PHOTO

Telegraph & Argus

DON'T MISS

Special First Class of 2025 photo supplement inside the Telegraph & Argus on Tuesday 21st October

SCHOLASTIC BOOK FAIR

Thank you so much to everyone who visited our book fair in school. We raised £274.96 worth of free books for school. These books have been added into some class libraries and into our Free Reader books in our Reading Planet scheme. In Elgar class, we were very excited to find new books in our classroom!

READING PLANET REVIEWS!

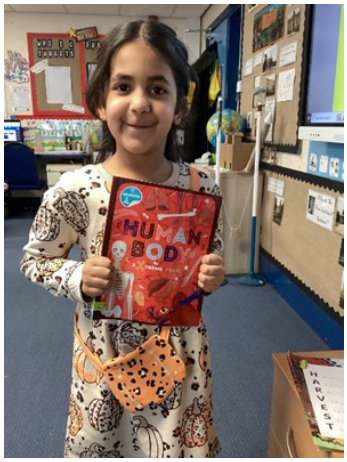
As part of our Key Stage 2 reading scheme, we would like to use our weekly newsletter to help promote and share some of your children's favourite stories that they have read. Each week, we will be sharing book reviews that have been written by your children. Hopefully these reviews will inspire our children to read one of the books when they choose their next one.

The Human Body

Level –lime

It tells you about the human body. I learnt that you use 200 muscles to take one step and that most skin is covered with soft hair. I like this book because I like learning about science and it helps me with a lot of things.

Faryal — Year 3



WEEKLY UPDATES

ATTENDANCE AND PUNCTUALITY

Here are this week's attendance and punctuality figures. There is a proven link between attendance and achievement and it is therefore very important that your child attends school and is on time unless they are too unwell to do so. Our doors open at **8.30am** and close at **8.40am**.

Please see the information below for our whole school and class attendance for the week ending **17/10/25.**

Early Years and Key Stage 1:

CLASS	PERCENTAGE %	LATES
Elm	95.9%	1
Willow	98.0%	0
Kandinsky	90.8%	3
Matisse	95.8%	2
Lowry	98.8%	1
Van Gogh	93.5%	1

Key Stage 2:

CLASS	PERCENTAGE %	LATES
Anne Fine	92.5%	0
Roald Dahl	96.3%	2
JK Rowling	95.3%	2
Michael Morpurgo	94.8%	2
Elgar	98.0%	0
Mozart	98.5%	1
Beethoven	96.6%	0
Vivaldi	96.3%	2

Congratulations to **Lowry Class and Mozart Class** for having the **best attendance** this week.

Congratulations to **Willow Class, Anne Fine Class, Elgar Class and Beethoven Class** for having **no lates!**

Our whole school attendance this week: **95.9%**

COMMUNICATION SINCE THE LAST NEWSLETTER

These are the letters, messages and website updates that have been sent out this week. If you have not received any of these letters, please speak to your child's class teacher or contact the office on **01274 639049**.

WEBSITE UPDATES:	National Online Safety - 'Wake Up Wednesday' guide from National Online Safety is about 'Memes'.
LETTERS:	14.10.25 - Halloween Disco 16.10.25 - Michael Morpurgo Class Deepawali Assembly
MESSAGES VIA PARENTAPPS:	14.10.25 - Afterschool Club & Extra Club 15.10.25 - Year 4 PE 17.10.25 - Year 5 Homework

COMMUNITY NEWS

Bradford Children and Families Trust

Care for the Family

Time Out For Dads

This is an evidence-based programme that aims to enable dads to increase confidence in their parenting; learn how to develop the dad/child relationship now and for the future and work out strategies for dealing with anger and conflict. It will also give dads an opportunity to meet other dads and share experiences in a supportive and encouraging environment.

Aimed At: Suitable for dads/stepdads of children 0-19
Course Duration: 2 hours a week for 5 weeks

PROGRAMME OVERVIEW

- Parenting goals, the impact of our own fathers and aspirations of being a dad.
- Children's temperaments and needs along with building emotional security.
- The importance of time and family life. The power of words and recognising children's feelings.
- Discipline and setting boundaries. Different parenting styles and positive parenting.
- The importance for time for yourself, letting off steam and handling conflict

COURSE DETAILS

Date: TBC
13th January 2026
6pm to 8pm
Venue: Bradford City Club
Contact Details:
Barkerend Hub: 01274 437523 01274 437523

fyi BRADFORD DISTRICT

SCAN ME

COMMUNITY NEWS

COMMUNITY NEWS

Dogs Behaving VERY BADLY

Got a NON-BEHAVIOURAL question?!

This year with the help of Vets, Groomers and Nutritionists Graeme will be answering your non-behaviour related questions!

From the everyday to the more unusual, some examples would be:

What's the best way to wash my dog?

Is there such things as doggy superfoods?

How can I get my dog to take their medication?

Email your questions to

questions@avalonuk.com

Any information which you give us will be processed in accordance with our Privacy Notice, a copy of which can be found at http://avalonuk.com/privacy-policy-cast-crew-and-talent/

MYHAPPYMIND APP

The myHappymind app includes lots of fantastic features such as—kids zone, myHappymind games and mini master classes for parents .

myHappymind

Download your FREE myHappymind Parent App

...An online resource to support you and your family to learn more about how you can use myHappymind to support your child.

myHappymind for Parents

Exclusively for parents with children at a myHappymind School or Nursery.

Learn all about what your children are learning in school

myHappymind
Parent App

YOU WILL NEED THIS AUTHENTICATION CODE TO SIGN UP

107220

REMINDERS

BREAKFAST CLUB

Our Breakfast Club opens at 7.30am at a cost of £2.40 each per day or at 7.45am at the cost of £1.90 each per day. Children from Nursery to Year 6 can attend.

If you would like to book your child into Breakfast Club, please use ParentPay.

We have a free Breakfast Club 8.00am—8.30am

If you would like to book this please use ParentApps

AFTER SCHOOL CLUB

Our After School Club is available until 4pm at a cost of £2.50 each per day.

If you would like to book your child into After School Club, please use ParentPay.

EXTRA CLUB

We also offer an Extra Club service that runs until 6.00pm at a cost of £4.50 per day.

If you would like to book your child into Extra Club, please use ParentPay.

Please can you ensure that Extra Club places are booked and paid for in advance - by Monday morning. This ensures registers are accurate and places are booked and guaranteed.

If you have any problems booking any of our before or after school clubs, please contact Miss Armitage, one of our learning mentors.

DIARY DATES

ANY NEWLY ADDED ITEMS WILL BE IN BLUE

DAY	DATE	TIME	EVENT
Tuesday	11.11.25		Remembrance Day
Friday	14.11.25		Children in Need

COMING UP IN AUTUMN TERM

AUTUMN TERM ASSEMBLY SCHEDULE

DAY	DATE	TIME	EVENT
Thursday	23.10.25	2.30pm	Michael Morpurgo Class Deepawali Assembly
Thursday	13.11.25	2.30pm	Beethoven Class Assembly
Thursday	27.11.25	2.30pm	JK Rowling Class Hanukkah Assembly
Thursday	11.12.25	2.30pm	Vivaldi Class Assembly

DATES TO REMEMBER!

The photographer Sarah Fearne will be in school on **Tuesday 21st October and Wednesday 22nd October 2025** to take individual portrait photos.

Please see letter for more details

Halloween Disco

Thursday 23rd October 2025

5:00pm - 6.30pm

Fluoride varnish—Monday 20th October 2025

MENU 20/10/25

Homemade bread, selection of seasonal vegetables or fresh salad served daily

Swain House Primary School

Wk 1 - 21st Apr, 12th May, 2nd Jun, 23rd Jun, 14th Jul, 1st Sep, 22nd Sep, 13th Oct
Wk 2 - 28th Apr, 19th May, 9th Jun, 30th Jun, 21st Jul, 8th Sep, 29th Sep, 20th Oct
Wk 3 - 5th May, 26th May, 16th Jun, 7th Jul, 28th Jul, 15th Sep, 6th Oct, 27th Oct

	MON	TUES	WED	THUR	FRI
WEEK 1	Cheese Flan (Served with Paprika Potatoes, Seasonal Vegetables or Salad) Fajita Pasta Bake (Served with Crusty Bread, Salad or Seasonal Vegetables) Assorted Jacket Potatoes Hot Sub Roll Apple Cake (Baked Vanilla Sponge with Blended Apples & topped with Icing Sugar) Freshly Prepared Fruit	Chicken Tikka Masala (Served with Rice & Salad) Halal Chicken Korma (Served with Naan Bread & Salad) Vegetarian Mince Lasagne (Served with Garlic Bread & Salad) Assorted Jacket Potatoes Hot Sub Roll Flapjack Freshly Prepared Fruit	Roast Dinner (Served with Yorkshire Pudding, Roast Potatoes, Seasonal Vegetables & Gravy) Halal Roast Chicken Tikka Dinner (Served with Yorkshire Pudding, Roast Potatoes, Seasonal Vegetables & Gravy) Veggie Mince Shepherds Pie (Served with Yorkshire Pudding & Seasonal Vegetables) Assorted Jacket Potatoes Hot Sub Roll Cornflake Tart (Served with Custard) Freshly Prepared Fruit	Cheese & Tomato Pizza (Served with Jacket Wedges & Beans or Salad) Mini Meatless Ball Pizza (Served with Jacket Wedges, Baked Beans or Salad) Assorted Jacket Potatoes Selection of Sandwiches Marble Sponge (Served with Chocolate Sauce) Freshly Prepared Fruit	Southern Fried Chicken Goujons (Served with Chips, Salad or Seasonal Vegetables) MSC Battered Fish (Served with Chips, Salad or Vegetables) Vegetable Dippers (Served with Ketchup, Chips, Salad or Seasonal Vegetables) Assorted Jacket Potatoes Selection of Sandwiches Ice Cream Tubs Freshly Prepared Fruit
WEEK 2	Homemade Cheese & Onion Pasty (Served with Seasoned Potatoes, Salad or Seasonal Vegetables) Bombay Veg Biryani (Curried Vegetables & Rice served with Naan Bread & Salad) Assorted Jacket Potatoes Hot Sub Roll Chocolate Crispy Crunch Freshly Prepared Fruit	Spaghetti Bolognaise (Spaghetti Bolognaise, served with Garlic Bread & Salad) Halal Spaghetti Bolognaise (Spaghetti Bolognaise served with Garlic Bread & Salad) Arrabiata Pasta (Served with Crusty Bread & Salad) Assorted Jacket Potatoes Hot Sub Roll Volcano Buns (A Sponge-like Biscuit with a Jam / Lemon filling) Freshly Prepared Fruit	Roast Dinner (Served with Yorkshire Pudding, Roast Potatoes, Seasonal Vegetables & Gravy) Halal Roast Chicken Tikka Dinner (Served with Yorkshire Pudding, Roast Potatoes, Seasonal Vegetables & Gravy) Savoury Veggie Mince & Tatties (Soya Mince & Vegetables served in a Yorkshire Pudding) Assorted Jacket Potatoes Hot Sub Roll Old School Sponge Cake (Served with Custard) Freshly Prepared Fruit	Cheese & Tomato Pizza (Served with Chips & Beans or Salad) Savoury Rolls (Served with Chips & Salad or Beans) Assorted Jacket Potatoes Selection of Sandwiches Chocolate Sponge (Served with Chocolate Sauce) Freshly Prepared Fruit	All Day Brunch (Traditional Breakfast Items: Sausage, Egg, Toast & Beans) MSC Fish Fingers (Served with Jacket Wedges & Salad or Seasonal Vegetables) All Day Vegetarian Brunch (Quorn Sausage, Scrambled Egg, Baked Beans, Chips & Bread and Butter) Assorted Jacket Potatoes Selection of Sandwiches Oat Cookie Freshly Prepared Fruit
WEEK 3	Mac & Cheese (Served with Crusty / Garlic Bread & Salad) Veg Jambalaya (Seasoned Vegetables & Rice, served with Crusty Bread & Salad) Assorted Jacket Potatoes Hot Sub Roll Jam Sponge (Served with Custard) Freshly Prepared Fruit	Chicken Pie (Served with Seasoned Potatoes & Seasonal Vegetables) Halal Keema & Peas (Served with Pilau Rice & Salad) Cheese Roll (Served with Seasoned Potatoes & Seasonal Vegetables) Assorted Jacket Potatoes Hot Sub Roll Fruity Flapjack Freshly Prepared Fruit	Roast Dinner (Served with Yorkshire Pudding, Roast Potatoes, Seasonal Vegetables & Gravy) Halal Roast Chicken Tikka Dinner (Served with Yorkshire Pudding, Roast Potatoes, Seasonal Vegetables & Gravy) Quorn Roast (Served with Yorkshire Pudding & Seasonal Vegetables) Assorted Jacket Potatoes Hot Sub Roll Fruit Jelly (Fruit Jelly topped with Cream) Freshly Prepared Fruit	Cheesy Beef Taco Pasta (Served with a side Salad) Cheese & Tomato Pizza (Served with Chips & Beans or Salad) Loaded Vegetable Pizza (Served with Chips & Salad) Assorted Jacket Potatoes Selection of Sandwiches Chocolate Sponge (Served with Chocolate Sauce) Freshly Prepared Fruit	MSC Fish Fingers (Served with Creamed Potatoes & Seasonal Vegetables) MSC Salmon & Sweet Potato Fishcake (Served with Creamed Potatoes & Seasonal Vegetables) Breaded Cheese & Vegetable Grill (Served in a Bun with Salad & Optional Coleslaw) Assorted Jacket Potatoes Selection of Sandwiches Vanilla Cookie Freshly Prepared Fruit

the food quarter
FM SERVICES

For full allergen & nutritional information head to our app

City of BRADFORD METROPOLITAN DISTRICT COUNCIL

NATIONAL ONLINE SAFETY

This week, our 'Wake Up Wednesday' guide from National Online Safety is about 'Memes'.

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

What Parents & Educators Need to Know about MEMES

Memes may look like simple jokes, but, for many teenagers, they form a shared cultural language. Quickly created and reworked, they spread across social media platforms as images with text or short videos. Nearly eight in ten teenagers share memes (79%, YPulse), making them part of daily life. While memes encourage creativity and participation, they can also spread misinformation or reinforce harmful stereotypes.

WHAT ARE THE RISKS?

SPREADING MISINFORMATION

While memes help to communicate complex topics, they can also spread misinformation. Memes may sometimes include content presenting false facts or biased viewpoints, especially around health, politics, or current events and, as they're designed to be shared quickly, young people may not question their accuracy.

EXPOSURE TO INAPPROPRIATE CONTENT

Memes are widely circulated, and not always age-appropriate, meaning young people may encounter explicit language, sexual content, or graphic imagery, even without searching for it. As memes spread fast on platforms like Instagram, TikTok, or WhatsApp, it's nearly impossible to filter them completely.

MASKED MESSAGES

Some memes are designed to be confusing or layered with hidden meanings, making them hard for parents, and, sometimes, other young people to understand. Online groups often create these memes to look like inside jokes, but they can sometimes conceal offensive, harmful, or misleading content.

HIDDEN HARMS & LOSING SENSITIVITY

When serious topics like violence, racism, or mental health are turned into jokes, children and young people may become less sensitive to these issues over time. While a funny meme may seem light-hearted, it can carry messages that belittle certain groups, encourage risky behaviour, or mock personal struggles. Repeated exposure through memes can make harmful behaviour seem normal or less important. Over time, this can blur their understanding of what is funny versus what is discriminatory, harmful, or damaging to themselves and others.

PERMANENT DIGITAL FOOTPRINT

Unlike spoken jokes, memes leave a trail. Created or shared memes can resurface later and be misunderstood, even if intended as harmless. Once online, memes may be copied, saved, or spread beyond a young person's control – digital actions can follow them into their future, shaping how they are perceived by peers, teachers, or even employers long after the original meme has been shared.

Advice for Parents & Educators

ENCOURAGE OPEN CONVERSATIONS

Talk regularly with young people and try to understand their online world – discuss what they find funny about the memes, and why. By listening without judgement, you build trust, making it easier for them to come to you if they see something harmful. Open conversations also help children and teens think critically about the messages behind memes rather than simply accepting them at face value.

TEACH DIGITAL LITERACY

Help children and young people learn to question where information comes from and whether it's reliable – developing media literacy skills prepares young people to understand and navigate through their future online lives. Show them how memes can sometimes exaggerate or misrepresent facts for laughs, and encourage them to check credible sources when memes claim to present truth.

MODEL HEALTHY BOUNDARIES

Show children and teens positive online behaviours, such as taking breaks from screens, avoiding late-night scrolling, and engaging in offline activities. Setting clear routines around screen time at home can help to reinforce healthy boundaries and reduce the risks of overuse. By modelling balanced technology use, adults can help children and young people see that digital entertainment, including memes, should be just one part of life.

FOSTER EMPATHY ONLINE

Remind children and young people that memes should never come at someone else's expense. Encourage them to think about how a meme might make another person feel before sharing or creating it. Highlight examples of positive memes that celebrate creativity without hurting others. Fostering empathy, respect, and kindness in digital spaces will help them become more aware of promoting a safer, more supportive online culture.

Meet Our Expert

Dr Cristina Moreno-Almeida is a Senior Lecturer in Digital Culture at Queen Mary University of London. She specialises in memes, online networks, and youth culture, examining how digital spaces shape identity and everyday life.

See full reference list on our website

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