

NEWSLETTER

FRIDAY 26TH MAY 2023



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ASPIRE

BELIEVE

PERSEVERE

ACHIEVE


YEAR 1 GREAT FIRE OF LONDON WORKSHOP!

Year 1 had a fantastic afternoon acting out scenes from the Great Fire of London in 1666 with the company 'Imagining History'. It really helped embed all the great learning they have done this half term. There are definitely some super budding actors in Year 1 and the drama really made the history come alive.



JU:MP @ HOME!

Stuck for something to do? Want to play a game with your children and be active? Try out this week's JU:MP @ home activity - Elastic Jump Rope!



ELASTIC JUMP ROPE

Can you do all of the activities?



HOW TO PLAY

ELASTIC JUMP ROPE

- > With the elastic stretched around two people's ankles to make a rectangle stand facing one end of the rectangle

Jump astride the left elastic
Jump astride the right elastic
Jump astride the left elastic
Jump astride the right elastic
Jump both feet inside the elastic
Jump both feet outside the elastic
Jump one foot on each elastic

- > If a player makes no mistake the elastic is higher next time!



REMEMBER This is an activity everyone can get involved in!

SUITABLE FOR: All ages
TAKES: 20-40 minutes

YOU WILL NEED:
> Elastic

SAFETY...
Be sure to find a suitable and safe place to play like your street or in the park

Why not try?

SPORTING EVENTS!

Year 6 showed incredible teamwork and determination to beat Grove House 7-3! Andrew, Dylan, Riley and Kaiden scored some amazing goals along the way and David made some outstanding saves in goal!



CLICK THE ICON TO SEE REGULAR UPDATES ON
OUR FACEBOOK PAGE!



GREAT OAK NURSERY PIRATE DAY!

This week, Great Oak Nursery have enjoyed their pirate day as part of their learning about under the sea.



SHARING YOUR NEWS!



We would like to say a huge well done to Amelia in Lowry class. Amelia has been very creative at home. She has made a headband by threading beads onto a band. She made the headband for one of her friends.

How kind!

We would also like to say well done to Dale in Lowry class! Dale has been busy learning how to sew with his Grandma. He has sewn a shield with his name on it. He is very proud of it, well done Dale!



If you have any news about your child's achievements that you would like to share in our newsletter, please speak to your child's class teacher!

SPOTLIGHT ON SEND

(SPECIAL EDUCATIONAL NEEDS AND DISABILITIES)

Each half-term, I write a section on our school newsletter to keep parents and carers of pupils on the SEND register 'in the loop' about all things SEND related. I highlight support available in school and also resources and workshops available in the local area.

Mrs White

Assistant Head/SENDco

Keep updated with all things SEND at Swain House. Click [here](#) or scan the QR code.



Bradford Local Offer

The Local Offer brings together information for children and young people with special educational needs and disabilities and their families.

<https://localoffer.bradford.gov.uk/>



Parents' Evening

Parents Evening was on Thursday 20th April. At the meeting, you will have been updated on the progress your child is making and any additional support that is in place. Their termly targets are written on their Pupil Mentoring sheet.

If your child has an IEP (Individual Education Plan), you will have been given a copy at the meeting. The class teacher has written the IEP and set targets for your child to work on this term. We would really appreciate it if you could support your child at home with their targets. If you need any support or resources for this, please speak to your child's class teacher.

Speech and Language

We are aware of the long waiting lists for speech and language sessions via the NHS. Please [click here](#) to access NHS resources to support your child at home.



Upcoming Dates:

National Walking Month 1st —31st May

World Allergy Awareness Week 5th —11th June

Diabetes Awareness Week 12th—18th June

Learning Disability Week 19th—25th

Swain House Calm Zone



You may have noticed our new Calm Zone in the school playground, near Great Oak Nursery.

This is a calm place for children to play quiet games, to read, colour or to just chill out with their friends. There are two benches which children can sit at to reflect on how they're feeling and regulate their emotions or just escape the busy playground environment!

The area was introduced to the children in an assembly last week and it has proven to be very popular since!



WEEKLY UPDATES

ATTENDANCE AND PUNCTUALITY

Here are this week's attendance and punctuality figures. There is a proven link between attendance and achievement and it is therefore very important that your child attends school and is on time unless they are too unwell to do so. Our doors open at **8.30am** and close at **8.40am**.

Please see the information below for our whole school and class attendance for the week ending **26/05/23**.

Early Years and Key Stage 1:

CLASS	PERCENTAGE %	LATES
Elm	87.9%	1
Willow	91.7%	3
Kandinsky	94.0%	1
Matisse	90.3%	4
Lowry	96.1%	1
Van Gogh	97.0%	3

Key Stage 2:

CLASS	PERCENTAGE %	LATES
Anne Fine	95.9%	1
Roald Dahl	95.2%	4
JK Rowling	99.4%	0
J Wilson	94.3%	0
Elgar	94.4%	2
Mozart	95.8%	0
Beethoven	94.2%	0
Vivaldi	92.9%	1

Congratulations to **Van Gogh Class** and **JK Rowling Class** for having the **best attendance** this week.

Well done to **JK Rowling Class**, **Jacqueline Wilson Class**, **Mozart Class** and **Beethoven Class** for having **no lates!**

Our whole school attendance this week:

94.2%

COMMUNICATION SINCE THE LAST NEWSLETTER

These are the letters, messages and website updates that have been sent out this week. If you have not received any of these letters, please speak to your child's class teacher or contact the office on **01274 639049**.

WEBSITE UPDATES:	National Online Safety - Influencers
LETTERS:	22/05/2023 - Year 1 Trip Yorkshire Wildlife Park 22/05/2023 - Year 2 Trip Sheffield Butterfly House 25/05/2023 - Year 4 Residential Assembly 25/05/2023 - Summer Fair 25/05/2023 - Virtual Reality Workshop 26/05/2023 - Nursery Trip Swithens Farm 26/05/2023 - Year 5 Trip Yorkshire Wildlife Park
MESSAGES VIA PARENTAPPS:	25/05/2023 - Spring Bank Holiday

MENU 05/06/23

Swain House Primary School

Week
Commencing

24th Apr, 15th May, 5th Jun
26th Jun, 17th Jul, 18th Sept
9th Oct

MENU Week 2

MON

Choose from...

- 1 Mesclun Pasta
- 2 Vegetable Lasagne
- Garlic Bread, Freshly Prepared White Bread
- Assorted Individual Salads, Sweetcorn

Assorted Jacket Potatoes, Panini

Desserts...

- 1 Oat Cookie
- 2 Freshly Prepared Fruit

TUE

Choose from...

- BBQ Chicken & Rice
- 1 Halal Chicken Tikka Masala
- 2 Soya Mince Keema Curry
- Pilau Rice, Naan Bread, Freshly Prepared White Bread
- Assorted Individual Salads, Sweetcorn

Assorted Jacket Potatoes, Panini

Desserts...

- 1 Decorated Iced Bun
- 2 Fruit Jelly
- 3 Freshly Prepared Fruit

WED

Choose from...

- Roast Pork Loyn
- 1 Halal Cottage Pie
- 2 Quorn Roast
- Dry Roast Potatoes, Yorkshire Pudding, Freshly Prepared White Bread
- Seasonal Vegetables, Assorted Individual Salads

Assorted Jacket Potatoes, Panini

Desserts...

- 1 Syrup Sponge
- 2 Freshly Prepared Fruit

THUR

Choose from...

- 1 Cheese & Tomato Pizza
- 2 Dry Roast Jacket Potato Wedges
- Assorted Individual Salads, Sweetcorn

Assorted Jacket Potatoes, Panini

Desserts...

- 1 Flapjack
- 2 Freshly Prepared Fruit

FRI

Choose from...

- Buttered Fillet of Fish
- 1 Vegetable Dippers
- 2 Salmon Fish Cakes
- Hotly Potatoes, Freshly Prepared White Bread
- Sweetcorn, Assorted Individual Salads

Assorted Jacket Potatoes, Panini

Desserts...

- 1 Chocolate Sponge
- 2 Freshly Prepared Fruit

Suitable for



& selection of additional options e.g. sandwiches, jackets etc. will be available each day.



For full allergen & nutritional information
go to the FM School Meals App:
<https://schoolmeals.bradford.gov.uk>

REMINDERS

BREAKFAST CLUB

Our Breakfast Club opens at 7.30am at a cost of £2.50 each per day or at 7.45am at the cost of £2.00 each per day. Children from Nursery to Year 6 can attend.

If you would like to book your child into Breakfast Club, please use ParentPay.

AFTER SCHOOL CLUB

Our After School Club is available until 4pm at a cost of £2.00 each per day.

If you would like to book your child into After School Club, please use ParentPay.

EXTRA CLUB

We also offer an Extra Club service that runs until 5.30pm at a cost of £4.00 per day.

If you would like to book your child into Extra Club, please use ParentPay.

Please can you ensure that Extra Club places are booked and paid for in advance - by Monday morning. This ensures registers are accurate and places are booked and guaranteed.

If you have any problems booking any of our before or after school clubs, please contact Miss Armitage, one of our learning mentors.

DIARY DATES

ANY NEWLY ADDED ITEMS WILL BE IN BLUE

DAY	DATE	TIME	EVENT
Friday	26/05/23	N/A	School Closes for Spring Bank
Monday	05/06/23	N/A	School reopens
Thursday	08/06/23	2.30pm	Year 4 Residential Assembly

COMING UP THIS HALF TERM

SUMMER TERM ASSEMBLY SCHEDULE

DAY	DATE	TIME	EVENT
Thursday	08/06/23	2.30pm	Year 4 Residential Assembly
Thursday	15/06/23	2.30pm	Matisse Class Assembly
Thursday	22/06/23	2.30pm	Willow Class Assembly
Thursday	29/06/23	2.30pm	JK Rowling Class Assembly
Thursday	06/07/23	2.30pm	Elm Class Assembly



COMMUNITY NEWS



Free family fun day at Nell Bank!

Friday 2 June 2023 (11am to 3pm)

Booking needed:

call Tracey on 07929 747390 or

email tracey.mcphee@bradford.gov.uk

The Specialist Inclusion Project and Nell Bank Charitable Trust are delighted to invite you to the Nell Bank family fun day!

Come along for a day of fully inclusive fun in nature. The site includes pond activities, play ground, water play site, toilets and lots of outdoor space in a beautiful setting.

The site is fully accessible with its own hygiene suite available for use. The wheelchair swing and Nellmobile will be available on request – please ask when you book.

Free tea, coffee and juice on the day – don't forget your picnic!

ASPIRE PRO

IN PARTNERSHIP WITH
GOALS SOCCER CENTRE

- SATURDAY MORNINGS
- GOALS SOCCER CENTRE
- 9.30AM TIL 10.30AM
- AGES 5-7 & 7-11
- £30 (6 WEEK TERM)
- TERM TIME ONLY
- FA QUALIFIED COACHES

PLEASE CONTACT US VIA FACEBOOK/INSTAGRAM
ACCOUNTS OR VIA EMAIL
ASPIREPROCOACHING@GMAIL.COM

ASPIRE
PRO COACHING



Thackley Juniors
26 mins · 📍



Good news
spaces available for
year's 1,2 & 3 girls'
training Friday evening
6.30pm-7.30pm
#wearethackleyjuniors

[CLICK HERE FOR MORE
INFORMATION](#)



Calling all 6 - 13
year olds...

Are you interested in joining our Beavers, Cubs or
Scout group?

Want to make new friends, learn new skills and have
fun?

If you answer YES! Then we could be the choice for
you! Sessions run term time weekly and also include
lots of extra activities like camping, day trips and
badge days!

We meet at St Andrews Church, Undercliffe, BD2 4QH,
if you would like to find out more information on how
to join us please email
group29thbradfordnorth@hotmail.com

Scouts



BRADFORD BULLS VS LONDON BRONCOS

EMERGENCY SERVICES FAMILY FUN DAY



SUNDAY 11TH JUNE 2023 - GATES OPEN 1:00PM

INFLATABLES - FACE PAINTING - FIRE ENGINES - VIRTUAL REALITY EXPERIENCE - POLICE PERSONNEL
CARRIER - POLICE CARS - POLICE BIKES - AIR AMBULANCE MOCK COCKPIT - TOMBOLA STALLS - POLICE
MUSEUM - FIRE SERVICE BOAT WILDFIRE UNIT - TECHNICAL RESPONSE UNIT - CYBER SCHOOL - CRIME
PREVENTION UNIT - BLOOD BIKES & MUCH MORE!

UNDER-18S GO FREE!



EMERGENCY SERVICES PERSONNEL
GO FREE
*WITH VALID ID. TICKET MUST BE COLLECTED IN-STORE

NATIONAL ONLINE SAFETY

This week, our 'Wake Up Wednesday' guide from National Online Safety is about Influencers!

What Parents & Carers Need to Know about INFLUENCERS

In today's digital age, social media influencers play an increasingly significant role in shaping the opinions, interests and behaviours of our children. While many of these individuals can have a positive effect, influencer culture can also present certain risks – such as encouraging consumerism, affecting self-esteem and blurring trustworthiness. To help ensure a safe online environment for young people, it's vital to maintain open communication, set sensible boundaries, promote a healthy self-image and teach digital media literacy. Our guide delves deeper into all of these.

WHAT ARE THE RISKS?

HEIGHTENED CONSUMERISM

A major way that influencers make money is through brand partnerships and sponsored content. As a result, children who follow them may be exposed to a steady stream of advertising: this can lead to materialistic attitudes, unrealistic expectations and an increased desire to have the latest products. Many influencers have built huge brand empires around their large, impressionable following.

THE SOFT SELL

Some influencers aren't always transparent about the motivations behind their posts, blurring the lines between genuine recommendations and paid-for promotions – and young people sometimes find it difficult to distinguish authentic content from advertising. Many major social platforms have taken steps to make sponsored content and ads easier to identify, but it remains an area of concern.

PRIVACY CONCERNS

Inspired by their favourite influencers, children may start sharing more of their own lives online – which could reveal personal information or details about their daily routine. This openness can put them at risk of cyberbullying or even predatory behaviour. This is exacerbated by live streaming, which gives young people no time to consider the potential consequences of saying too much.

UNDERMINING SELF-ESTEEM

Many influencers share images and videos of themselves and their activities, which are often painstakingly curated and edited to present an idealised version of their life. Children who follow these influencers may develop distorted expectations about body image and the concept of beauty, which can potentially lead to negative self-esteem and even mental health issues.

Advice for Parents & Carers

KEEP TALKING

Chat to your child about the content they consume on social media and the influencers that they like. Encourage them to think critically about what they see and hear online, and listen to any concerns they might have. Maintaining this line of open, honest communication can help your child to make informed decisions about which individuals they follow and what content they engage with.

SET SOME BOUNDARIES

Agree age-appropriate boundaries for your child's social media use, including time limits and privacy settings (the two major operating systems on mobile devices, Android and iOS, have these controls baked in). Try to keep an eye on your child's online activity and discuss it regularly with them – including reminding them of the potential risks that can arise from following influencers.

SUPPORT A HEALTHY SELF-IMAGE

Reinforce your child's awareness that real life isn't usually as picture perfect as it may appear on social media – and how some content (particularly that of influencers) is often curated, staged or edited to look more glamorous. If possible, highlight examples of other influencers who share authentic, relatable material which acknowledges their imperfections and struggles as well.

PROMOTE MEDIA LITERACY

Talk to your child about the concepts of sponsored content, advertising and potential influencer bias. Teach them to critically evaluate the information they're presented with online and to consider the possible reasons behind content creation. This can help young people develop the skills to make healthier decisions about the influencers they choose to follow and the content they consume.

Meet Our Expert

A former director of digital learning and currently a deputy headmaster and DSL, Brendan O'Keefe's experience and expertise gives him a clear insight into how modern digital systems impact the experience of children, staff and parents – and which strategies help to ensure that the online world remains a useful educational tool rather than a minefield of risks.

NOS National Online Safety
#WakeUpWednesday

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