

**Congratulations!
You are a Leader!**

**The 7 habits are the tools that help us on
our journey to become a leader.**

**By taking care of your own choices and
behaviour you become a leader of you.**

**By showing people you can make good
choices and can be trusted in your actions,
you become a leader of others. Choosing to
get along with others, to listen and to plan
ahead are just a few of the ways you can
be a leader and show the way. Everybody
can be a leader, starting today!**



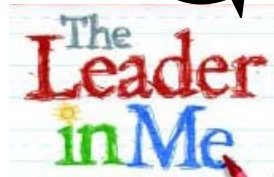
Great Happens Here

My Habits



Passport

Name:





Habit 1: Be Proactive

- ☐ I am a responsible person. That means I can be trusted by other people.
- ☐ I take initiative. That means I can decide what the right thing to do is without being told.
- ☐ I choose my actions, attitudes and feelings.
- ☐ I don't blame others when I do the wrong thing.
- ☐ I do the right thing without being asked, even when no one is looking.

Habit 2: Begin With the End in Mind

- ☐ I plan ahead and set goals for myself.
- ☐ I think about what I want to happen and then try to make it.
- ☐ I am an important part of my school and help to achieve our class and school mission.

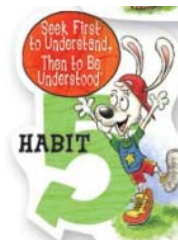


Habit 3: Put First Things First

- ☐ I spend time on the things that are important.
- ☐ I think about what is important and use this to help me make a plan.
- ☐ I am organised. That means I get things done in the time I have.
- ☐ I get jobs done.

Habit 4: Think Win-Win

- ☐ I stop and think when a problem happens.
- ☐ I try to think of ways to solve problems that are a win for me and the other person.
- ☐ I speak out thoughtfully about what I would like so we can make win-win decisions. If the other person doesn't know what I would like to happen then they can't think about my ideas and feelings.



Habit 5: Seek First to Understand, Then to Be Understood

- ☐ I listen to other people's ideas and feelings.
- ☐ I take I try to see things from other people's viewpoints. That means I imagine how they are feeling and try to understand it.
- ☐ I listen with my ears. That means I use my ears to hear what they are telling me.
- ☐ I listen with my eyes. That means I look and see what their body shape is telling me.
- ☐ I listen with my heart. That means I think about what feelings I can hear in the sound of their voice.
- ☐ I am confident in speaking about my ideas.

Habit 6: Synergize

- ☐ I think other people's talents are important and try to learn from them.
- ☐ I get along well with others, even people who are different from me.
- ☐ I work well in a group.
- ☐ I try to get others to share their ideas. This is because I know that together we can come up with a better idea than any one of us could have alone.



Habit 7: Sharpen the Saw

- ☐ I look after my body. That means I eat healthily, exercise and get enough sleep.
- ☐ I look after my mind. That means I learn in lots of places, not just at school.
- ☐ I look after my heart. That means I spend time with my family and friends doing things that make me happy.
- ☐ I look after my personality and character. That means the bits that make me, me! I take time to do the things that are important to me and that I enjoy.
- ☐ I try to balance looking after my body, mind, heart and personality to make sure they are all looked after!

