**Keeping Myself Safe**

**Year 2**

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| In Spring 1 we will be learning all about keeping myself safe | |
| This is what we will be learning about | * Understand that medicines can sometimes make people feel better when they’re ill * Explain simple issues of safety and responsibility about medicines and their use * Identify situations in which they would feel safe or unsafe * Suggest actions for dealing with unsafe situations including who they could ask for help * Identify situations in which they would need to say 'Yes', 'No', 'I'll ask', or 'I'll tell', in relation to keeping themselves safe * Recognise that body language and facial expression can give clues as to how comfortable and safe someone feels Identify the types of touch they like and do not like * Identify who they can talk to if someone touches them in a way that makes them feel uncomfortable * Recognise that some touches are not fun and can hurt or be upsetting * Know that they can ask someone to stop touching them * Identify who they can talk to if someone touches them in a way that makes them feel uncomfortable * Identify safe secrets (including surprises) and unsafe secrets * Recognise the importance of telling someone they trust about a secret which makes them feel unsafe or uncomfortable * Identify how inappropriate touch can make someone feel * Understand that there are unsafe secrets and secrets that are nice surprises |
| Here is some of the vocabulary we will be using | Sleep, safe and unsafe, touch, surprise, medicines, feelings, hurt, secret, uncomfortable, worried, getting help, private, tell, consent, permission, someone you trust, genitals, penis, vulva, private parts, |
| You can support your child by talking to them about the difference between secrets and surprises and whom they can talk to if they are uncomfortable in a situation. | |
| If you have any questions about this learning or would like to view the resources we will be using in lessons, please speak to your child’s Class Teacher. | |