

NEWSLETTER

FRIDAY 6TH SEPTEMBER 2024



TEL: 01274 639049

WWW.SWAINHOUSE.CO.UK

EMAIL: OFFICE@SWAINHOUSE.BRADFORD.SCH.UK

ASPIRE

BELIEVE

PERSEVERE

ACHIEVE

WELCOME BACK!

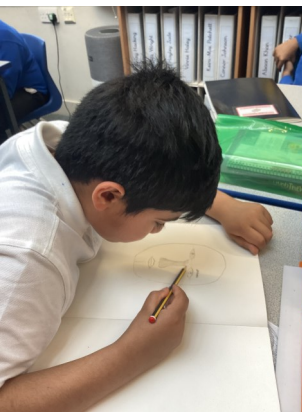
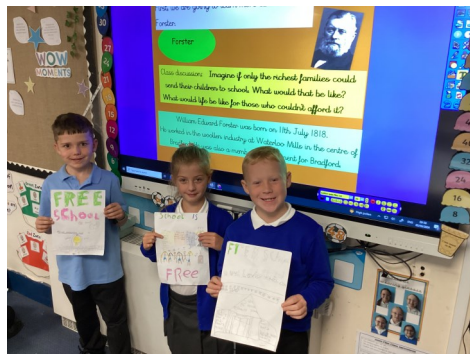
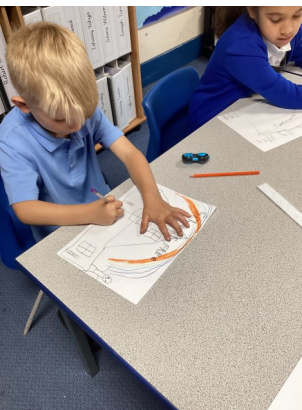
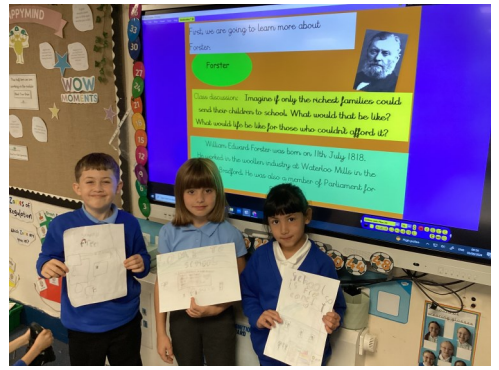
We would like to welcome back to school all of our families and children after the summer holidays. We hope you have all had a restful break and enjoyed spending time together!

WELCOME BACK!

OUR FIRST WEEK!

All of the children in school have had a fantastic first week and have had a great time getting back into their learning. This week, the children have been learning about their class namesake and completing lots of exciting activities to help them settle into their new classes. Children in our nurseries and reception classes have also enjoyed settling into their new classes and getting to know their new teachers.





MYHAPPYMIND

MEET THE BRAIN LAUNCH ASSEMBLY



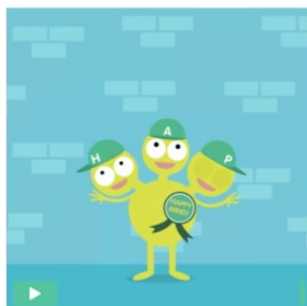
Mrs Pugh presented a special assembly on Thursday, introducing our new module—**Meet The Brain**

We recapped last years learning then talked about what the first module will be about.

The **Meet The Brain** module is focused on teaching children all about our brains, how they work and how they can help us to be at our best.



The Meet Your Brain habit we are developing is...



Happy Breathing!

Happy Breathing can help us when we are feeling sad, scared or worried.

It can also help with Neuroplasticity too.

SHARING YOUR NEWS!

We would like to say a huge well done to Leila, Amyrah, Myla and Lily in Year 3 for completing the Summer Reading Challenge at their local library—Well done girls, we are proud of your efforts and commitment!



If you have any news about your child's achievements that you would like to share in our newsletter, please speak to your child's class teacher!

COMMUNITY LIBRARY



Please help yourself to any books you wish to borrow from our community library. Donations of children's books are also gratefully received—Thank you!

Our community library is located just outside the main office.



**CLICK THE ICON TO SEE REGULAR UPDATES
ON OUR FACEBOOK PAGE!**



WEEKLY UPDATES

ATTENDANCE AND PUNCTUALITY

Here are this week's attendance and punctuality figures. There is a proven link between attendance and achievement and it is therefore very important that your child attends school and is on time unless they are too unwell to do so. Our doors open at **8.30am** and close at **8.40am**.

Please see the information below for our whole school and class attendance for the week ending **06/09/24**.

Early Years and Key Stage 1:

CLASS	PERCENTAGE %	LATES
Elm	94.3%	1
Willow	97.6%	2
Kandinsky	97.9%	1
Matisse	94.4%	0
Lowry	100%	1
Van Gogh	97.8%	0

Key Stage 2:

CLASS	PERCENTAGE %	LATES
Anne Fine	99.2%	1
Roald Dahl	100%	2
JK Rowling	96.6%	0
Michael Morpurgo	92.1%	0
Elgar	97.9%	1
Mozart	99.2%	1
Beethoven	93.1%	3
Vivaldi	98.3%	0

Congratulations to **Kandinsky Class, Lowry Class, Anne Fine Class, Roald Dahl Class and Mozart Class** for having the **best attendance** this week.

Well done to **Matisse Class, Van Gogh Class, JK Rowling Class, Michael Morpurgo Class and Vivaldi Class** for having **no lates!**

Our whole school attendance this week:

96.9%

COMMUNICATION SINCE THE LAST NEWSLETTER

These are the letters, messages and website updates that have been sent out this week. If you have not received any of these letters, please speak to your child's class teacher or contact the office on **01274 639049**.

WEBSITE UPDATES:	National Online Safety - Creating Family Rules for using Devices'.
LETTERS:	03.09.24 - Updated Attendance Information 04.09.24 - New Class Meetings
MESSAGES VIA PARENTAPPS:	05.09.24 - Year 6 Residential Meeting

NEW CLASS MEETINGS



*Swain House Primary School
Radcliffe Avenue, Bradford BD2 1JL
Headteacher: Mrs Clare Pugh*

Tel: 01274 639049

E-mail: office@swainhouse.bradford.sch.uk

Website: www.swainhouse.co.uk

Wednesday 4th September 2024

Dear Parent/Guardian

New Class Meetings

You are invited to your child's class to meet with the teacher and ask any questions about their new class and year group from 3.10pm – 3.30pm. Please see the dates below for your child's new class meeting. |

Year group	Date
Year 6	Monday 9th September 2024
Year 5	Tuesday 10th September 2024
Year 4	Thursday 12th September 2024
Year 2	Friday 13th September 2024
Year 3	Monday 16th September 2024
Year 1	Tuesday 17th September 2024
Reception	Thursday 19th September 2024

Please sign in at the main entrance, on arrival at 3.10pm.

Yours sincerely

A handwritten signature in black ink that reads 'C. Pugh'.

Mrs Clare Pugh
Headteacher

MYHAPPYMIND APP

The myHappyMind app has been updated and now includes some new features—kids zone, myHappyMind games and mini master classes for parents .



Download your FREE myHappyMind Parent App



...An online resource to support you and your family to learn more about how you can use myHappyMind to support your child.



myHappyMind for Parents

Exclusively for parents with children at a myHappyMind School or Nursery.



Learn all about what your children are learning in school



YOU WILL NEED THIS AUTHENTICATION CODE TO SIGN UP

107220

COMMUNITY NEWS

Nature Connection

Peel Park, Cliffe Road entrance, BD3 0LY
(at toddler natural play area)
For families with 0-4s
in the Better Start Bradford area

These sessions are FREE

Planned Activities

- Scavenger Hunts
- Nature Trays
- Nature Sensory Time
- Make a dragon home
- Make a bird's nest
- Make bird feeders
- Make a wildflower seed ball and much more!

PEEL PARK

Monday 30 September 2024
Monday 4 November 2024
Monday 3 March 2025
all at 10:00am - 12:00noon

To book please contact Haleema on 07506 864878

WHY WE NEED BEES STORY TIME

Peel Park, Cliffe Road entrance, BD3 0LY
(at toddler natural play area)
For families with 0-4s in the Better Start Bradford area

Friday 8 November
11am - 1pm

Funded by Better Place's Nurture Naturelets Project

City of Nature CIC
Bringing biodiversity into the heart of the city.

We're going to discover why we need bees in this fun interactive session.
We will find out how many different species of bees we have in the UK using a fun game.
We will look through lift the flap books and talk about the different species of bees.
And lots more bumble bee fun.

This session is FREE

To book please email cityofnature@yahoo.com or text Haleema on 07506 864878



KIDS CLUB

FROM SEPT. 2024

FREE! Monday-Wednesday-Thursday
3:30-5:00pm

Drop off sessions for Primary School children

Mondays **Wednesdays**

For More information, message us :
07449567121
Booking required

The Gateway Centre
45 Thackeray Road BD100JR
01274 636602

COMMUNITY NEWS

**you scan,
we donate
££s TO
SCHOOLS.**



Asda Rewards Cashpot for Schools

[Cashpot for Schools Terms & Conditions](#) [Asda Rewards terms & Conditions](#)

1

Download and sign up to the Asda Rewards app

Opt into the Cashpot for Schools campaign and select a specific primary school or select 'Schools in Need'.

2

Shop in store across Asda and George, or online at Asda.com

Asda will donate a percentage of your shop to your chosen school each time you shop and scan.

3

Asda does the rest

The money raised will be donated through Parentkind to schools to spend on what they need most. This won't affect your own Cashpot earn.

Once opted in and selected a school, we will add £1 to your chosen schools Cashpot to help get them started.

Each school will get an additional £50 added to their Cashpot, after at least one customer has shopped and scanned their Rewards app.



REMINDERS

BREAKFAST CLUB

Our Breakfast Club opens at 7.30am at a cost of £3.00 each per day or at 7.45am at the cost of £2.50 each per day. Children from Nursery to Year 6 can attend.

If you would like to book your child into Breakfast Club, please use ParentPay.

AFTER SCHOOL CLUB

Our After School Club is available until 4pm at a cost of £2.50 each per day.

If you would like to book your child into After School Club, please use ParentPay.

EXTRA CLUB

We also offer an Extra Club service that runs until 5.30pm at a cost of £4.50 per day.

If you would like to book your child into Extra Club, please use ParentPay.

Please can you ensure that Extra Club places are booked and paid for in advance - by Monday morning. This ensures registers are accurate and places are booked and guaranteed.

If you have any problems booking any of our before or after school clubs, please contact Miss Armitage, one of our learning mentors.

DIARY DATES

ANY NEWLY ADDED ITEMS WILL BE IN BLUE

DAY	DATE	TIME	EVENT
Monday	23.09.24	3.15pm	Year 6 Residential Meeting
Wednesday - Friday	02.10.24 - 04.10.24		Year 6 Residential to Newby Wiske Hall

COMING UP IN AUTUMN TERM

AUTUMN TERM ASSEMBLY SCHEDULE

DAY	DATE	TIME	EVENT
Thursday	10.10.24	2.30pm	Year 6 Residential Assembly
Thursday	17.10.24	2.30pm	Roald Dahl Class Assembly
Thursday	24.10.24	2.30pm	Michael Morpurgo Deepawali Assembly
Thursday	14.11.24	2.30pm	Vivaldi Class Assembly
Thursday	21.11.24	2.30pm	Beethoven Class Assembly
Thursday	28.11.24	2.30pm	Year 5 Residential Assembly
Thursday	12.12.24	2.30pm	JK Rowling Hanukkah Assembly

Year 6

Residential Meeting

Monday 23rd September 2024 at 3.15pm. Please come to the school office as the meeting will be held in our main hall.

MENU 09/09/24

WEEK 2

our July

MENU

For full allergen & nutritional information head to <https://schoolmeals.bradford.gov.uk>



in **food quarter**



Choose from...

MON

- Cheese Pasta Bake
- Soya Pasta Bolognese
- Cheddar & Mozzarella Hot Baguette
- Jacket Potato with Cheese & Tuna

- Garlic Bread
- Assorted Individual Salads

Desserts...

- Oat Cookie
- Freshly Prepared Fruit

Choose from...

TUE

- Mild Chicken Curry
- Halal Chicken Doplaza
- Quom & Veg Fried Rice
- Cheddar & Mozzarella Hot Baguette
- Jacket Potato with Cheese & Tuna

- Rice, Naan Bread
- Seasonal Vegetables, Assorted Individual Salads

Desserts...

- Individual Ice Cream Tub
- Freshly Prepared Fruit

Choose from...

WED

- Savoury Mince In Yorkshire Pudding
- Halal Chicken Roll
- Cheese Rolls
- Cheddar & Mozzarella Hot Baguette
- Jacket Potato with Cheese & Tuna

- Creamed Potatoes, Yorkshire Pudding
- Seasonal Vegetables, Assorted Individual Salads

Desserts...

- Cornflake Tart
- Freshly Prepared Fruit

Choose from...

THUR

- Cheese & Tomato Pizza
- Assorted Sandwiches

- Chips
- Baked Beans, Assorted Individual Salads

Desserts...

- Flapjack
- Freshly Prepared Fruit

Choose from...

FRI

- Fish Fingers
- Quom Sausage In a Bun
- Cheddar & Mozzarella Hot Baguette
- Jacket Potato with Cheese & Tuna

- Jacket Potato Wedges
- Seasonal Vegetables, Assorted Individual Salads

Desserts...

- Chocolate Sponge
- Freshly Prepared Fruit



Suitable for...



VEGAN VEGETARIAN

FM CATERING SERVICES



NATIONAL ONLINE SAFETY

This week, our 'Wake Up Wednesday' guide from National Online Safety is about 'Creating Family Rules for using Devices'.

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

10 Top Tips for Parents and Educators CREATING FAMILY RULES FOR USING DEVICES

A set of family rules agreed on with children can promote the safe, responsible use of devices like tablets, smartphones, gaming consoles and computers. By developing rules around technology, it opens the conversation regarding boundaries and expectations, ensuring a healthy balance of screentime. This guide will help you to develop an age-appropriate family agreement to suit your household.

1 WORK TOGETHER

Collaborating with children when setting rules around the use of technology is a valuable task that can encourage them to take more ownership. It's important to make rules which reflect your family and are age appropriate. Think about what you all enjoy doing online and what apps, games or devices children use most frequently.

2 AGREE TIME LIMITS AND SUITABLE TIMES

Be realistic when setting screen time limits. These can vary depending on the child's age, whether it's a weekday or weekend, and what they're actually doing online. If they're conducting research for homework, that might require more time than if they were playing games. Consider when screen time begins: does it come after chores and homework? Agree times when technology and phones must be put away.

3 ENCOURAGE HONESTY

Family rules ensure that everyone can have fun with their devices and be safe while doing so. Nonetheless, children may make mistakes as they learn to navigate the online world. Emphasise that if they ever feel worried, unsafe or upset about something they've done, sent, said or received, they should tell you immediately so you can help them resolve the problem.

4 CHARGING AND OVERNIGHT STORAGE

To ensure children get the downtime they need overnight, it's important that devices – especially smartphones – are kept in a common space, where possible. This reduces the chance of pointless late-night scrolling or sleep being disturbed by calls, messages or notifications. There are charging boxes you can purchase, or old gadgets could be charged in the kitchen overnight to avoid distractions.

5 REVIEW RULES REGULARLY

Anything you agree on isn't set in stone. These rules will likely alter as children get older and the way they use technology changes. Take time to review these as a family; discuss what's working, and what isn't. Communication is key – so by doing this, you involve the child in their own online safety while promoting an open dialogue.

6 PROTECT PERSONAL INFO

Discuss and demonstrate the importance of protecting your personal information. Talk about what details you share online and who with. Use parental controls to block children from connecting with strangers, so that any information they do share is among their real friends. Ask a child's permission before posting any photos of them on social media, as this demonstrates positive online behaviour that they should learn and remember.

7 BE RESPECTFUL

Highlight the importance of showing respect to others when using technology. Encourage children to speak kindly to others online – such as on social media, when playing multiplayer games or in group chats (which can often lend themselves to teasing behaviour). Explain that if they aren't treating others considerately, they might be made to stay away from their devices for a while.

8 "NO TECH" ZONES

Designating spaces in the house where technology isn't allowed (for example: bedrooms, bathrooms and at the dinner table) lets you keep an eye on what children are viewing and who they're communicating with. It gives you some quality, screen-free time with them, too. It also helps reduce any impulses to potentially engage with inappropriate content, as they're unlikely to do so in a common space within the home.

9 AGREE ON CONSEQUENCES

As a family, discuss why the rules are important: to balance their screentime, to ensure everyone enjoys gaming or interacting online, and that they are safe when doing so. Therefore, if these rules are broken, there has to be a consequence. Discuss what would be fair for certain breaches of the rules, as this can prevent a disproportionate response in the future.

10 KNOW ALL PASSWORDS

To protect children from inappropriate content, parents should have access to all passwords. Parents should also make it clear that they will check children's devices, should they have any concerns about their use. Emphasise that this isn't due to a lack of trust but is an extra way of keeping them safe.

Meet Our Expert

Dr Claire Sutherland is an online safety consultant at BCyberAware. She has developed and implemented anti-bullying and cyber safety workshops and policies for schools in Australia and the UK. Claire has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviours of young people in the UK, USA and Australia.



#WakeUpWednesday

The National College

Source: See full reference list on guide page at: nationalcollege.com/guides/tips-for-creating-family-rules-for-using-devices

@wake_up_weds

/www.thenationalcollege

@wake.up.wednesday

@wake.up.weds

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 31.07.2024