**Growing and Changing**

**Year 4**

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| In Summer 2 we will be learning all about growing and changing  The boys and girls will be taught separately with the boys and girls learning about changes during puberty. | |
| This is what we will be learning about | * Body changes during puberty * Managing difficult feelings * Relationships including marriage |
| Here is some of the vocabulary we will be using | Compromise, secret, surprise, uncomfortable feelings, marriage, live together, civil partnership, forced marriage, body space, similarities, compromise, invade, acquaintances, apologise, differences, respect, egg, sperm, puberty, period, ovary, fallopian tube, uterus, lining, vagina, sanitary pad, tampon, menstruation cup, positive (boys will learn about their own body changes and not periods) |
| You can support your child by talking to them about their body parts and naming them, talking about how they have changed from when they were a baby, how they have become more independent and how they take care of themselves. | |
| If you have any questions about this learning or would like to view the resources we will be using in lessons, please speak to your child’s Class Teacher. | |