

# NEWSLETTER

FRIDAY 13TH JUNE 2025



TEL: 01274 639049

WWW.SWAINHOUSE.CO.UK

EMAIL: OFFICE@SWAINHOUSE.BRADFORD.SCH.UK

ASPIRE

BELIEVE

PERSEVERE

ACHIEVE

## LEO OUR FURRY FRIEND!

Leo and his handlers successfully completed their bronze training requirement as part of The Dog Mentor programme. We are really proud of Leo and how well he is doing in school.



# LEO!



Leo met our Safeguarding Governor on Friday. He is making lots of new friends in school.

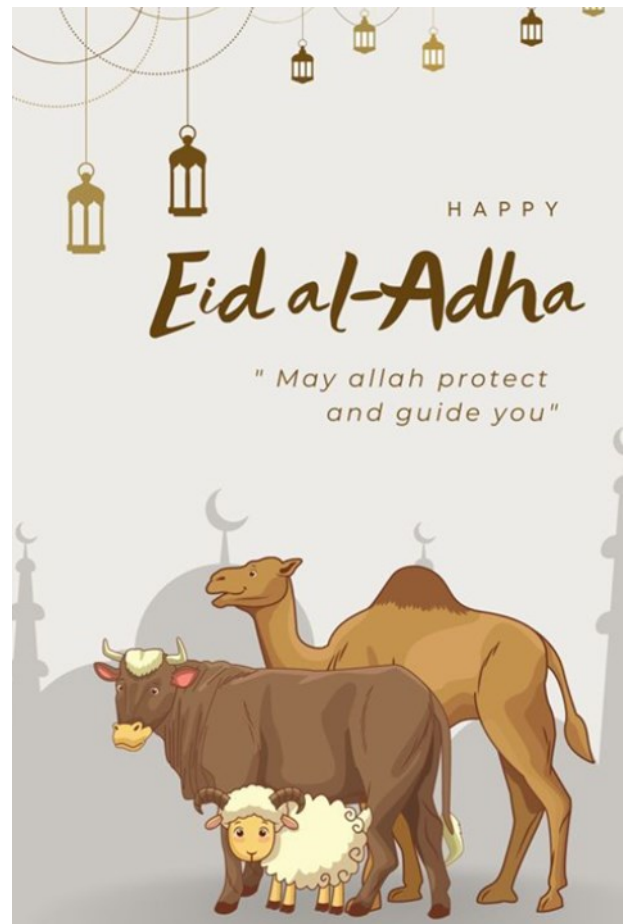
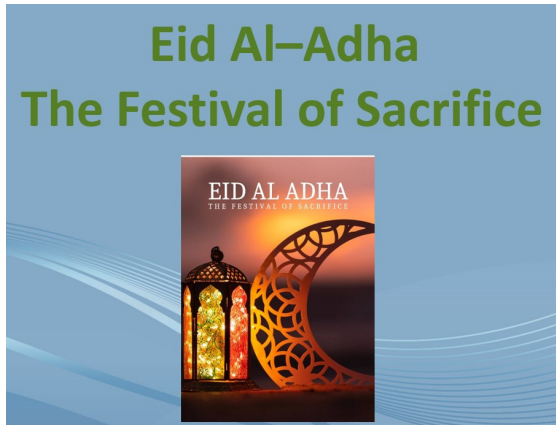


Mrs Pugh absolutely loved the dog trainers van, she was particularly impressed with the van's registration plate!



# EID-AL-ADHA

Mrs Pugh held a special assembly about Eid-Al-Adha where the children got the chance to share the special ways in which they celebrate. It was lovely to hear about what our families do at this special time.



Children in school had the opportunity to make cards for their family and friends.



# CAREERS

This week we are delighted to share the journey and successes of a former Swain House pupil.

Harmanpreet Sandhu attended Swain House Primary from 2010 to 2017 and started playing hockey when he was in Year 2.



After Swain House, he attended Ilkley Grammar School and was already playing for the Sixth Form team when he was in Year 7!

He was then selected for Northern England



In Year 8, he was selected for Durham County's under 15 team and then in Year 9, he was selected for Yorkshire.

He made his Bradford team debut at age 14 and was then selected for the Northern Pennine Pumas for the Futures Cup.



At 17, he was selected for the England DISE squad. Then, in November 2023, he made his national league



Harmanpreet came second in the Bradford Young Sports Personality of the Year award.



Since then, his career has soared, leading to numerous scholarship opportunities at various universities across the country.

This year, he joined Ben Rhydding Hockey Club and has had the chance to play in the Indian domestic league, taking his game internationally.

We are really proud of Harmanpreet and his achievements since leaving our school and wish him continued success in the future.



*It's always great to hear from former pupils of the school and to share their successes, hopefully inspiring other children to think about their futures and ambitions. If any former pupils would like to be featured in our newsletter, please email [careers@swainhouse.bradford.sch.uk](mailto:careers@swainhouse.bradford.sch.uk) with photos and details of their journey.*



# CATERPILLARS IN EARLY YEARS

All the children in Early Years have caterpillars in their classrooms at the moment! They have enjoyed learning about their life cycle and reading stories and singing songs about them. Come back next week to see their transformation into butterflies!





# ART & DESIGN IN ACTION

Kapow  
Primary



At Swain House, Art & Design is taught through the use of the Kapow Primary scheme, which provides an engaging, knowledge-rich and progressive curriculum.

Children in Years 1 - 6 study three Art & Design units a year, usually taught as a one-week block of lessons. Key skills are revisited each year, with increasing complexity, in a spiral curriculum model. This allows pupils to revise and build on their previous learning.

Units in each year group are organised into four core areas:

Drawing	Painting and mixed media	Sculpture and 3D	Craft and Design
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Year 1 enjoyed their Drawing unit - Make Your Mark. They applied their skills to a collaborative piece of art.



Year 2's Craft and Design unit was called Map It Out. They used different materials and created a piece of art that represented the local area.



Year 3 explored painting on different textures as part of their Painting and Mixed Media unit. They created some great examples of prehistoric painting. We have a beautiful display of this work in school.

Year 4's Painting and Mixed Media unit, Light and Dark, involved learning how to add white and black to create tint and shade.



As part of their Sculpture and 3D unit, Interactive installation, Year 5 analysed some examples of installation art and looked for common features of each.



In their Craft and Design unit, Year 6 explored photography as a medium for expressing ideas.



Further details and more photographs of Art & Design in action can be found on our school website.



# 50 THINGS TO DO BEFORE YOU'RE FIVE

This week's activity is #10 Sharing Books. Please have a go at completing the activity and send any photos to [50things@swainhouse.bradford.sch.uk](mailto:50things@swainhouse.bradford.sch.uk) then we will share them in our weekly newsletter!



Click [here](http://www.50thingstodo.org) to access the 50 Things website to find out more about the activity or scan the QR code below



## How to do it

Sharing books means talking about the book, not just reading the story. Encourage your child to join in. Make comments to them about the pictures— "I can see a tiny egg". See if they can find different things on the page—"Where is the strawberry?". You can also ask some simple questions to check their understanding of the book.

## What you will need

Join your local library so that you can introduce new books and stories regularly. Try making books. Children love a story that is special to them, a family tale, or a story you made up for them, about them or with them. You can even make a book of leaves, twigs and treasures found on a walk.

# SPOTLIGHT ON SEND

(SPECIAL EDUCATIONAL NEEDS AND DISABILITIES)

Each half-term, we write a section on our school newsletter to keep parents and carers of pupils on the SEND register 'in the loop' about all things SEND related. We highlight support available in school and also resources and workshops available in the local area.

Mr George  
and Miss  
Broomfield

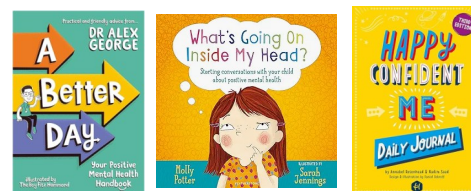
Keep updated with all things SEND at Swain House. Click [here](#) or scan the QR code.



## Daily Reading

Studies have shown that reading for just a few minutes a day reduces anxiety and can improve sleep quality.

**Below is a selection of books that you might enjoy sharing with your family.**



## Bradford PHAB Club

The aim of Bradford PHAB is to promote and encourage people of all abilities to come together to achieve inclusion within the wider community. They promote and encourage self-confidence and independence of young people of all abilities through a range of diverse activities and projects.

The participants are transported to and from the club each week. They also provide supervision and support to the children and offer a break from everyday life with a chance to mix with and make new friends.

Bradford PHAB Club runs every Wednesday Evening during School Term Time although we organise many events/trips during the Summer months. They are based in West Bowling in Bradford at the MAPPA Centre, Coates Street, BD5 7DL



## SEND one minute guides

Quick, simple and easy info on one page



Includes:

- ✓ Annuals reviews
- ✓ EHC assessments
- ✓ Personal Budgets
- ✓ Masking in school
- ✓ Exclusions
- ✓ Early Years specialist provision
- ✓ Special schools



[localoffer.bradford.gov.uk](http://localoffer.bradford.gov.uk)

## Bradford Early Advice Team (BEAT)



BEAT is a project run by AWARE, a local parent-run

support group for families in the Bradford area whose child(ren) may have autistic traits – no diagnosis required.

They are funded by the NHS to offer support to families in our area with children who have been on the waiting lists for an assessment for neurodiversity.

They get together in person once a month in central Bradford for BEAT meet ups, where they choose a topic (e.g. education, sleep or eating) and have visitors from local services come and talk to our members.

They are offering 'BEAT Introduction to Neurodiversity' four week courses on Zoom; they offer the same courses in Urdu, face to face in central Bradford twice a year.

For BEAT - please email [beat@aware-uk.org](mailto:beat@aware-uk.org) or call 01535



## Speech and Language

We are aware of the waiting lists for speech and language sessions via the NHS.

Please [click here](#) to access NHS resources to support your child at home.

If you are concerned about your child's communication skills, you can refer them for support using this link - [Click here](#)



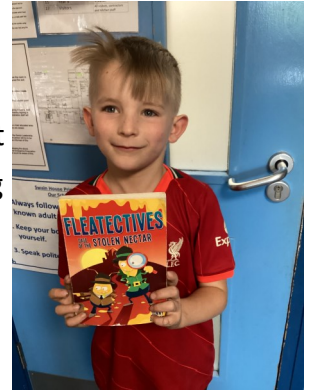
# READING PLANET REVIEWS!

As part of our Key Stage 2 reading scheme, we would like to use our weekly newsletter to help promote and share some of your children's favourite stories that they have read. Each week, we will be sharing book reviews that have been written by your children. Hopefully these reviews will inspire our children to read one of the books when they choose their next one.

## **Fleatectives by Jonny Zucker —Venus level**

I love this book because it's a mystery book and really interesting. It's about Buzz and Itch, they are fleas and detectives. They do some problem solving and crack the case. It has actual puzzles in the book which are great!

**By Joseph—Year 3**



## **Coach Gran by Tom Jamieson —Venus level**

This book is about football and I love football. It is funny because the Gran is the coach, she does a really good job and they end up winning the cup final. No one expects her to do well but she does! Coach Gran is the hero in this book. You should read this book if you like sports, especially football.

**By Charlie—Year 3**



**CLICK THE ICON TO SEE REGULAR UPDATES ON OUR  
FACEBOOK PAGE!**



# SHARING YOUR NEWS!

Aria in Year 2 received a trophy at her dance class on Saturday, where she takes lessons. In addition to the trophy, she was also awarded a certificate for being the best dancer in her class. She had come to the class excited to show all of her friends!



Cooper in Year 4 received another certificate for rugby this week, well done Cooper we are really proud of you!

If you have any news about your child's achievements that you would like to share in our newsletter, please speak to your child's class teacher!

**CLICK THE ICON TO SEE REGULAR UPDATES ON OUR  
FACEBOOK PAGE!**





# THE COMMUNITY LIBRARY



Don't forget to come and choose a lovely book to take home from our Community Library.

We have just had a generous donation of some great books!

# NELL BANK



## Family Activity Days

Come and explore  
Nell Bank this  
summer holiday

Thursday 24th July

Coach transport provided  
to and from school

Free picnic lunch for  
all the family



HAF is funded by  
the Department  
for Education



For more details and  
timings, talk to your  
school co-ordinator



#HAF2025 #Bradford



JOIN FRIENDS OF SWAIN HOUSE!



FRIENDS of Swain  
House Primary School

# RAFFLE DONATIONS

We are looking for kind  
donations from  
businesses, contractors  
& individuals to support  
our raffle at this years  
Summer Fair!

Friday 27<sup>th</sup> June  
4 – 5.30pm



# SWAIN HOUSE SUMMER FAIR



## Friends of Swain House Primary School Summer Fair

This year's Summer Fair is to be held at school on **Friday 27<sup>th</sup> June 2025 - 4.00pm to 5.30pm.**

To make the event a success, we would be extremely grateful for donations to sell on the stalls.

We need:

- cakes, buns and biscuits (to be brought to school on the morning of Friday 27th June 2025)
- good quality toys, teddies and soft toys
- unused toiletries
- unopened gifts for the tombola
- bottle tombola – please check the sell by dates before bringing them to school
- chocolate and sweet tombola – please check the sell by dates before bringing them to school

### **Non-uniform days:**

- for bottle donations on **Wednesday 18<sup>th</sup> June 2025**
- for chocolate and sweet donations **Wednesday 25<sup>th</sup> June 2025**
- For any last minute donations of any of the above items **Friday 27<sup>th</sup> June 2025**

Please send these to your child's class teacher as soon as possible. With your support we hope to have an enjoyable, fun-filled and profitable fair. Please enter through the main entrance at a cost of 50p for adults.

The Friends of Swain House are sure that all parents will want to support the Summer Fair by both giving items for the stalls and attending on the day. All proceeds made from this event benefit all our pupils throughout the year.

If you know of any companies who would like to donate a prize to our raffle please contact the school office on 01274 639049.

Thank you  
Friends of Swain House Primary School





# MYHAPPYMIND

## OUR CONVERSATION CARD OF THE WEEK



### Enjoy a conversation!

Each week we will share a conversation card. These are designed to help you have meaningful and fun conversations with your child and aid discussions about mental health and happiness.



# MYHAPPYMIND APP

The myHappyMind app has been updated and now includes some new features—kids zone, myHappyMind games and mini master classes for parents .



## Download your FREE myHappyMind Parent App



...An online resource to support you and your family to learn more about how you can use myHappyMind to support your child.



### myHappyMind for Parents

Exclusively for parents with children at a myHappyMind School or Nursery.



Learn all about what your children are learning in school



YOU WILL NEED THIS AUTHENTICATION CODE TO SIGN UP

107220

# WEEKLY UPDATES

## ATTENDANCE AND PUNCTUALITY

Here are this week's attendance and punctuality figures. There is a proven link between attendance and achievement and it is therefore very important that your child attends school and is on time unless they are too unwell to do so. Our doors open at **8.30am** and close at **8.40am**.

Please see the information below for our whole school and class attendance for the week ending **13/06/25**.

### Early Years and Key Stage 1:

CLASS	PERCENTAGE %	LATES
Elm	91.9%	1
Willow	95.0%	1
Kandinsky	95.9%	2
Matisse	96.0%	4
Lowry	95.2%	0
Van Gogh	92.8%	2

### Key Stage 2:

CLASS	PERCENTAGE %	LATES
Anne Fine	95.6%	0
Roald Dahl	94.7%	1
JK Rowling	96.2%	1
Michael Morpurgo	93.2%	2
Elgar	94.9%	1
Mozart	95.2%	0
Beethoven	95.5%	1
Vivaldi	96.3%	0

Well done to **Matisse Class** and **Vivaldi Class** for having the best attendance this week!

Well done to **Lowry Class**, **Anne Fine Class**, **Mozart Class** and **Vivaldi Class** for having no lates!

Our whole school attendance this week:

**94.9%**

## COMMUNICATION SINCE THE LAST NEWSLETTER

These are the letters, messages and website updates that have been sent out this week. If you have not received any of these letters, please speak to your child's class teacher or contact the office on **01274 639049**.

WEBSITE UPDATES:	National Online Safety - 'Wake Up Wednesday' guide from National Online Safety is about 'Generative AI Safety'.
LETTERS:	09.06.25 - Elgar Class Eid Assembly 10.06.25 - FREE families visit to Nell Bank summer 2025 12.06.25 - Elm Class Assembly 13.06.25 - Summer Fair
MESSAGES VIA PARENTAPPS:	



# COMMUNITY NEWS



Healthy  
Minds

Bradford District and Craven  
Health and Care Partnership



**NHS**  
Bradford District Care  
NHS Foundation Trust

## Parent/Carer Support Group Supporting Emotional and Mental Health



Tuesday 17th  
June



10:30am or  
7:30 pm



Held on  
MS Teams

Please email the address below

### THIS MONTHS TOPIC:

### SUPPORTING YOUR CHILD: TRANSITION



Join us for this session where we will explore what transition means for children and young people, and how it can impact them emotionally and practically. We'll explore common challenges, share practical strategies, and provide an opportunity to connect with other parents, share experiences, and gain mutual support.

✉ [mhstparentsupport@bdct.onmicrosoft.com](mailto:mhstparentsupport@bdct.onmicrosoft.com)

BRADFORD LITERATURE FESTIVAL

## FREE FAMILY FUN DAYS

28 & 29 JUNE  
5 & 6 JULY

Order your free printed programmes now:  
[marketing@bradfordlitfest.co.uk](mailto:marketing@bradfordlitfest.co.uk)

[bradfordlitfest.co.uk](http://bradfordlitfest.co.uk)  
#bradfordlitfest

BRADFORD LITERATURE FESTIVAL

## 27 JUNE - 6 JULY 2025

500+ EVENTS | 10 DAYS | 4 FREE FAMILY FUN DAYS

SIGN UP FOR EVENT ALERTS [BRADFORDLITFEST.CO.UK](http://BRADFORDLITFEST.CO.UK)

# COMMUNITY NEWS



## LET'S LEARN BY SONGDRAWING!

Come and join us for our Songdrawing sessions where we will be singing, moving, drawing, dancing and playing together

Age 2-5

**Tuesdays @ 10am**  
10th, 17th, 24th June, 1st July 2025

Eccleshill Library  
Bolton Road  
BD2 4SR  
FREE to book - call: 01274 431544

Free Event

BRADFORD #BEF

**EID festival**

A fun filled family event

IT'S BACK, BIGGER & BETTER  
BRADFORD EID FESTIVAL 2025  
EVENT NOT TO BE MISSED

Saturday 14 June & Sunday 15 June

12pm till 8pm

**PEEL PARK**  
Cliffe Road | Bradford | BD3 0LT

Parking: Peel Park, Lister Lane, BD2 4LP  
For stalls & information call: 07806 956546  
[www.bradforeidfestival.co.uk](http://www.bradforeidfestival.co.uk)



**Belle Vue Girls' Academy Mela**  
**Family Fun Day**

**SATURDAY 28th JUNE 2025**

**11am - 3pm**

Unveiling of the new Near Neighbours Community Mural, at the Mela!  
Painted by local artists and influenced by the community,  
to commemorate Bradford 2025



**Belle Vue Girls' Academy Mela**  
Come and visit us at Belle Vue Girls' Academy campus for our Family Fun Day

**Where to find us**  
Thorn Lane, Bradford, BD9 6NA

**Bradford 2025 joins the BVGA Mela!**

LIVE PERFORMANCES (RAP, BOLLYWOOD, POP)  
READINGS/POETRY  
CREATIVE ACTIVITIES  
ZUMBA SESSIONS

- ★ SCHOOL CAFÉ
- ★ FOOD STALLS
- ★ DESSERT/TEA/COFFEE STALLS
- ★ VARIOUS MERCHANDISE STALLS
- ★ INFLATABLES
- ★ ARTS/CRAFTS/BOOKS
- ★ MEHNDI & FACE PAINTING
- ★ SPORTS COMPETITIONS
- ★ BVGA LIVE BAND AND PERFORMANCES
- ★ LOTS TO DO AND SEE!





# COMMUNITY NEWS



## ART & MUSIC SUMMER SCHOOL

WEEK 1 COMM 21ST JULY  
WEEK 1 COMM 28TH JULY  
8.30 AM > 3.30 PM

**Ages 6 - 12**

GUITAR  
PIANO



DRUM  
VOCAL

ART  
MUSIC

Suitable for beginners and students with experience.  
Contact [www.ymss.co.uk](http://www.ymss.co.uk) • info@ymss.co.uk

Fun for all the family!

**INVICTUS**  
well-being

**THE INFLATABLE 5K - FUN RUN**

The Inflatables 5k is not a race. It's all about having fun and taking part with friends and family. Whilst having fun, you'll be helping us raise vital funds to support Children's and Young people's mental health in West Yorkshire

**REGISTER NOW**

**Saturday 14th June**  
9-2.30PM

**Harewood House**  
Leeds, LS17 9LG

Registered with  
**FUNDRAISING**  
REGULATOR

# COMING UP THIS TERM

## SPRING TERM ASSEMBLY SCHEDULE

DAY	DATE	TIME	EVENT
Tuesday	17.06.25	2.30pm	Elgar Class Eid Assembly
Thursday	19.06.25	2.30pm	Elm Class Assembly
Thursday	26.06.25	2.30pm	Matisse Class Assembly
Thursday	03.07.25	2.30pm	Willow Class Assembly
Thursday	17.07.25	1.45pm	Year 6 Leavers Presentation Assembly

Wednesday 18<sup>th</sup> June - Year 4 & 5 Virtual Reality Workshop





# REMINDERS

## BREAKFAST CLUB

Our Breakfast Club opens at 7.30am at a cost of £2.40 each per day or at 7.45am at the cost of £1.90 each per day. Children from Nursery to Year 6 can attend.

If you would like to book your child into Breakfast Club, please use ParentPay.

## AFTER SCHOOL CLUB

Our After School Club is available until 4pm at a cost of £2.50 each per day.

If you would like to book your child into After School Club, please use ParentPay.

## EXTRA CLUB

We also offer an Extra Club service that runs until 6pm at a cost of £4.50 per day.

If you would like to book your child into Extra Club, please use ParentPay.

**Please can you ensure that Extra Club places are booked and paid for in advance - by Monday morning. This ensures registers are accurate and places are booked and guaranteed.**

**If you have any problems booking any of our before or after school clubs, please contact Miss Armitage, one of our learning mentors.**

## COMING UP THIS TERM

ANY NEWLY ADDED ITEMS WILL BE IN BLUE

DAY	DATE	TIME	EVENT
Thursday	19.06.25		Year 1 Yorkshire Wildlife Trip
Thursday	03.07.25		Year 3 Whitby Trip
Thursday	03.07.25		Nursery Mobile Farm Experience
Friday	04.07.25		Year 2 Tropical Butterfly House Trip
Thursday	10.07.25		Year 6 Summer Trip Lazerzone

# MENU 16/06/25

Homemade bread,  
selection of seasonal  
vegetables or fresh  
salad served daily



## Swain House Primary School

Wk 1 - 21st Apr, 12th May,  
2nd Jun, 23rd Jun, 14th Jul,  
1st Sep, 22nd Sep, 13th Oct  
Wk 2 - 28th Apr, 19th May,  
9th Jun, 30th Jun, 21st Jul,  
8th Sep, 29th Sep, 20th Oct  
Wk 3 - 5th May, 26th May,  
16th Jun, 7th Jul, 28th Jul,  
15th Sep, 6th Oct, 27th Oct

	MON	TUES	WED	THUR	FRI
<b>WEEK 1</b>	<p> <b>Cheese Flan</b> (Served with Paprika Potatoes, Seasonal Vegetables or Salad)</p> <p> <b>Fajita Pasta Bake</b> (Served with Crusty Bread, Salad or Seasonal Vegetables)</p> <p>Assorted Jacket Potatoes</p> <p> <b>Hot Sub Roll</b></p> <p> <b>Apple Cake</b> (Baked Vanilla Sponge with Blended Apples &amp; topped with Icing Sugar)</p> <p> <b>Freshly Prepared Fruit</b></p>	<p> <b>Chicken Tikka Masala</b> (Served with Rice &amp; Salad)</p> <p> <b>Halal Chicken Korma</b> (Served with Naan Bread &amp; Salad)</p> <p> <b>Vegetarian Mince Lasagne</b> (Served with Garlic Bread &amp; Salad)</p> <p>Assorted Jacket Potatoes</p> <p> <b>Hot Sub Roll</b></p> <p> <b>Flapjack</b></p> <p> <b>Freshly Prepared Fruit</b></p>	<p> <b>Roast Dinner</b> (Served with Yorkshire Pudding, Roast Potatoes, Seasonal Vegetables &amp; Gravy)</p> <p> <b>Halal Roast Chicken Tikka Dinner</b> (Served with Yorkshire Pudding, Roast Potatoes, Seasonal Vegetables &amp; Gravy)</p> <p> <b>Veggie Mince Shepherd's Pie</b> (Served with Yorkshire Pudding &amp; Seasonal Vegetables)</p> <p>Assorted Jacket Potatoes</p> <p> <b>Hot Sub Roll</b></p> <p> <b>Cornflake Tart</b> (Served with Custard)</p> <p> <b>Freshly Prepared Fruit</b></p>	<p> <b>Cheese &amp; Tomato Pizza</b> (Served with Jacket Wedges &amp; Beans or Salad)</p> <p> <b>Mini Meatless Ball Pizza</b> (Served with Jacket Wedges, Baked Beans or Salad)</p> <p>Assorted Jacket Potatoes</p> <p>Selection of Sandwiches</p> <p> <b>Marble Sponge</b> (Served with Chocolate Sauce)</p> <p> <b>Freshly Prepared Fruit</b></p>	<p><b>Southern Fried Chicken Goujons</b> (Served with Chips, Salad or Seasonal Vegetables)</p> <p><b>MSC Battered Fish</b> (Served with Chips, Salad or Vegetables)</p> <p> <b>Vegetable Dippers</b> (Served with Ketchup, Chips, Salad or Seasonal Vegetables)</p> <p>Assorted Jacket Potatoes</p> <p>Selection of Sandwiches</p> <p> <b>Ice Cream Tubs</b></p> <p> <b>Freshly Prepared Fruit</b></p>
<b>WEEK 2</b>	<p> <b>Homemade Cheese &amp; Onion Pasta</b> (Served with Seasoned Potatoes, Salad or Seasonal Vegetables)</p> <p> <b>Bombay Veg Biryani</b> (Curried Vegetables &amp; Rice served with Naan Bread &amp; Salad)</p> <p>Assorted Jacket Potatoes</p> <p> <b>Hot Sub Roll</b></p> <p> <b>Chocolate Crispy Crunch</b></p> <p> <b>Freshly Prepared Fruit</b></p>	<p><b>Spaghetti Bolognese</b> (Spaghetti Bolognese, served with Garlic Bread &amp; Salad)</p> <p> <b>Halal Spaghetti Bolognese</b> (Spaghetti Bolognese served with Garlic Bread &amp; Salad)</p> <p> <b>Arrabiata Pasta</b> (Served with Crusty Bread &amp; Salad)</p> <p>Assorted Jacket Potatoes</p> <p> <b>Hot Sub Roll</b></p> <p> <b>Volcano Buns</b> (A Sponge-like Biscuit with a Jam / Lemon filling)</p> <p> <b>Freshly Prepared Fruit</b></p>	<p> <b>Roast Dinner</b> (Served with Yorkshire Pudding, Roast Potatoes, Seasonal Vegetables &amp; Gravy)</p> <p> <b>Halal Roast Chicken Tikka Dinner</b> (Served with Yorkshire Pudding, Roast Potatoes, Seasonal Vegetables &amp; Gravy)</p> <p> <b>Savoury Veggie Mince &amp; Tatties</b> (Soya Mince &amp; Vegetables served in a Yorkshire Pudding)</p> <p>Assorted Jacket Potatoes</p> <p> <b>Hot Sub Roll</b></p> <p> <b>Old School Sponge Cake</b> (Served with Custard)</p> <p> <b>Freshly Prepared Fruit</b></p>	<p> <b>Cheese &amp; Tomato Pizza</b> (Served with Chips &amp; Beans or Salad)</p> <p> <b>Savoury Rolls</b> (Served with Chips &amp; Salad or Beans)</p> <p>Assorted Jacket Potatoes</p> <p>Selection of Sandwiches</p> <p> <b>Chocolate Sponge</b> (Served with Chocolate Sauce)</p> <p> <b>Freshly Prepared Fruit</b></p>	<p><b>All Day Brunch</b> (Traditional Breakfast items: Sausage, Egg, Toast &amp; Beans)</p> <p><b>MSC Fish Fingers</b> (Served with Jacket Wedges &amp; Salad or Seasonal Vegetables)</p> <p> <b>All Day Vegetarian Brunch</b> (Quorn Sausage, Scrambled Egg, Baked Beans, Chips &amp; Bread and Butter)</p> <p>Assorted Jacket Potatoes</p> <p>Selection of Sandwiches</p> <p> <b>Oat Cookie</b></p> <p> <b>Freshly Prepared Fruit</b></p>
<b>WEEK 3</b>	<p> <b>Mac &amp; Cheese</b> (Served with Crusty / Garlic Bread &amp; Salad)</p> <p> <b>Veg Jambalaya</b> (Seasoned Vegetables &amp; Rice, served with Crusty Bread &amp; Salad)</p> <p>Assorted Jacket Potatoes</p> <p> <b>Hot Sub Roll</b></p> <p> <b>Jam Sponge</b> (Served with Custard)</p> <p> <b>Freshly Prepared Fruit</b></p>	<p><b>Chicken Pie</b> (Served with Seasoned Potatoes &amp; Seasonal Vegetables)</p> <p> <b>Halal Keema &amp; Peas</b> (Served with Pilau Rice &amp; Salad)</p> <p> <b>Cheese Roll</b> (Served with Seasoned Potatoes &amp; Seasonal Vegetables)</p> <p>Assorted Jacket Potatoes</p> <p> <b>Hot Sub Roll</b></p> <p> <b>Fruity Flapjack</b></p> <p> <b>Freshly Prepared Fruit</b></p>	<p> <b>Roast Dinner</b> (Served with Yorkshire Pudding, Roast Potatoes, Seasonal Vegetables &amp; Gravy)</p> <p> <b>Halal Roast Chicken Tikka Dinner</b> (Served with Yorkshire Pudding, Roast Potatoes, Seasonal Vegetables &amp; Gravy)</p> <p> <b>Quorn Roast</b> (Served with Yorkshire Pudding &amp; Seasonal Vegetables)</p> <p>Assorted Jacket Potatoes</p> <p> <b>Hot Sub Roll</b></p> <p> <b>Fruit Jelly</b> (Fruit Jelly topped with Cream)</p> <p> <b>Freshly Prepared Fruit</b></p>	<p><b>Cheesy Beef Taco Pasta</b> (Served with a side Salad)</p> <p> <b>Cheese &amp; Tomato Pizza</b> (Served with Chips &amp; Beans or Salad)</p> <p> <b>Loaded Vegetable Pizza</b> (Served with Chips &amp; Salad)</p> <p>Assorted Jacket Potatoes</p> <p>Selection of Sandwiches</p> <p> <b>Chocolate Sponge</b> (Served with Chocolate Sauce)</p> <p> <b>Freshly Prepared Fruit</b></p>	<p><b>MSC Fish Fingers</b> (Served with Creamed Potatoes &amp; Seasonal Vegetables)</p> <p><b>MSC Salmon &amp; Sweet Potato Fishcake</b> (Served with Creamed Potatoes &amp; Seasonal Vegetables)</p> <p> <b>Breaded Cheese &amp; Vegetable Grill</b> (Served in a Bun with Salad &amp; Optional Coleslaw)</p> <p>Assorted Jacket Potatoes</p> <p>Selection of Sandwiches</p> <p> <b>Vanilla Cookie</b></p> <p> <b>Freshly Prepared Fruit</b></p>





# NATIONAL ONLINE SAFETY

This week, our 'Wake Up Wednesday' guide from National Online Safety is about 'Generative AI Safety'.

## What Parents & Educators Need to Know about GENERATIVE AI SAFETY

Generative AI tools – such as ChatGPT – are now commonly used by children. In fact, 3 in 4 pupils in the 2024 Annual Literacy Survey reported using generative AI, up from just 2 in 5 the previous year. While these tools can boost learning and creativity, they also raise concerns around misinformation, privacy and overuse. This guide explores the key risks and how to support safe use.

### WHAT ARE THE RISKS?

#### MISINFORMATION AND ACCURACY

Generative AI can sometimes produce false or misleading content. Children – and even adults – may assume the information is accurate and trustworthy. This can affect learning and understanding of important topics. It's vital to teach children to critically assess all information, even when it comes from AI.

✓ Real  
✗ Fake

#### REDUCED CRITICAL THINKING

Relying too heavily on AI-generated responses may reduce children's willingness to think independently. If they consistently use AI to solve problems or complete tasks, it could impact their ability to reason, analyse and form their own ideas. Encouraging thoughtful reflection is key.

#### EXPOSURE TO INAPPROPRIATE CONTENT

Because generative AI is trained on vast datasets from across the internet, there is a chance it may occasionally generate harmful or inappropriate content. Without supervision, children could encounter disturbing or unsuitable material. Active monitoring and clear usage boundaries can help reduce this risk.

CENSORED

#### PRIVACY AND DATA SECURITY

Some AI tools ask for personal details or store users' interactions. If privacy settings are not correctly configured, children's personal data could be exposed or misused. Teaching good digital hygiene and setting strong privacy controls is essential for protecting children online.

#### DIGITAL DEPENDENCY

Regular use of generative AI can contribute to increased screen time and less real-world interaction. If left unmanaged, it may affect physical activity levels, sleep, and social development. Striking a healthy balance between online and offline activities is important for wellbeing.

#### UNCLEAR ETHICAL BOUNDARIES

Children may not fully understand the ethical implications of using AI to complete homework or creative tasks. This can lead to unintentional plagiarism or dishonest academic practices. Conversations around responsible use and academic honesty are crucial.

### Advice for Parents & Educators

#### ESTABLISH CLEAR GUIDELINES

Set clear, age-appropriate rules for when and how generative AI can be used. Reinforce these regularly to help children develop a healthy, respectful and informed relationship with the technology.

#### ENCOURAGE CRITICAL EVALUATION

Help children to question the accuracy of AI-generated information and seek out additional trusted sources. This builds essential digital literacy skills and supports better decision-making.

#### PROMOTE ACTIVE SUPERVISION

Keep an eye on how the children in your care use AI tools. Check in regularly to ensure they're using them appropriately and be ready to step in if something doesn't feel right.

#### ENHANCE PRIVACY AWARENESS

Talk to children about the importance of keeping personal information private. Make sure privacy settings are in place and explain how data shared with AI tools could be used.

### Meet Our Expert

Brandon O'Keeffe, Deputy Headmaster and Director of Digital Strategy at Eaton House Schools, has extensive expertise in digital safety, safeguarding, and generative AI in education. As an author and speaker on digital literacy and online safety for institutions such as The National College, Brandon guides parents and educators in creating safe digital learning environments.

#WakeUpWednesday

The National College