**Keeping Myself Safe**

**Nursery**

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| In Spring 1 we will be learning all about keeping myself safe |
| This is what we will be learning about | * Name key relatives/care givers at home and those who care for them in their education settings
* Recognise a 'funny tummy' feeling when something feels wrong or unsafe and say what to do
* Talk about what makes them feel safe
* Name potential dangers, both inside and outside, and how to avoid getting hurt
* Name things in the environment that keep us safe e.g. traffic lights, warning signs, school rules
* Talk about how to keep their bodies safe
* Know which products in the home are to be used only by adults
* Explain who can give medicine to children and why
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| Here is some of the vocabulary we will be using | Safe, who can help? safety signs, careful, grown up, weather, labels, tell, clothing, medicines, tummy feelings, playground, cleaning products, unsafe, car-park, water, pavement, food, paint, fresh air, scissors, sleep, glue   |
| You can support your child by talking to them ways to keep themselves safe and healthy and talk about what to do if they are worried about something.  |
| If you have any questions about this learning or would like to view the resources we will be using in lessons, please speak to your child’s Class Teacher.  |