**Keeping Myself Safe**

**Year 6**

|  |
| --- |
| In Spring 1 we will be learning all about keeping myself safe |
| This is what we will be learning about | * Accept that responsible and respectful behaviour is necessary when interacting with others online and face-to-face
* Understand and describe the ease with which something posted online can spread
* Identify strategies for keeping personal information safe online
* Describe safe behaviours when using communication technology
* Know that it is illegal to create and share sexual images of children under 18 years old
* Explore the risks of sharing photos and films of themselves with other people directly or online
* Know how to keep their information private online
* Define what is meant by addiction, demonstrating an understanding that addiction is a form of behaviour
* Understand that all humans have basic emotional needs and explain some of the ways these needs can be met
* Explain how drugs can be categorised into different groups depending on their medical and legal context
* Demonstrate an understanding that drugs can have both medical and non-medical uses
* Explain in simple terms some of the laws that control drugs in this country
* Understand the actual norms around drinking alcohol and the reasons for common misperceptions of these
* Describe some of the effects and risks of drinking alcohol
* Understand that with independence comes responsibility
* Suggest positive ways that people can get their emotional needs met
 |
| Here is some of the vocabulary we will be using | social media, privacy , right to privacy, habit, drug, drug laws, alcohol, physical needs, independence, parental consent, personal information, sharing online, addiction, legal, age restrictions, short-term effects, emotional needs, responsibility, trolling, online safety, permission, emotional needs, illegal, possess, long-term effects, conflicting emotions, online safety, illegal, medical, supply, risks , sharing, sexual images, non-medical, penalties  |
| You can support your child by talking to them about different types of medicines, ways you stay safe online and the difference between legal and illegal drugs.  |
| If you have any questions about this learning or would like to view the resources we will be using in lessons, please speak to your child’s Class Teacher.  |