**Keeping Myself Safe**

**Year 6**

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| In Spring 1 we will be learning all about keeping myself safe | |
| This is what we will be learning about | * Accept that responsible and respectful behaviour is necessary when interacting with others online and face-to-face * Understand and describe the ease with which something posted online can spread * Identify strategies for keeping personal information safe online * Describe safe behaviours when using communication technology * Know that it is illegal to create and share sexual images of children under 18 years old * Explore the risks of sharing photos and films of themselves with other people directly or online * Know how to keep their information private online * Define what is meant by addiction, demonstrating an understanding that addiction is a form of behaviour * Understand that all humans have basic emotional needs and explain some of the ways these needs can be met * Explain how drugs can be categorised into different groups depending on their medical and legal context * Demonstrate an understanding that drugs can have both medical and non-medical uses * Explain in simple terms some of the laws that control drugs in this country * Understand the actual norms around drinking alcohol and the reasons for common misperceptions of these * Describe some of the effects and risks of drinking alcohol * Understand that with independence comes responsibility * Suggest positive ways that people can get their emotional needs met |
| Here is some of the vocabulary we will be using | social media, privacy , right to privacy, habit, drug, drug laws, alcohol, physical needs, independence, parental consent, personal information, sharing online, addiction, legal, age restrictions, short-term effects, emotional needs, responsibility, trolling, online safety, permission, emotional needs, illegal, possess, long-term effects, conflicting emotions, online safety, illegal, medical, supply, risks , sharing, sexual images, non-medical, penalties |
| You can support your child by talking to them about different types of medicines, ways you stay safe online and the difference between legal and illegal drugs. | |
| If you have any questions about this learning or would like to view the resources we will be using in lessons, please speak to your child’s Class Teacher. | |