

SPOTLIGHT ON SEND

(SPECIAL EDUCATIONAL NEEDS AND DISABILITIES)

Each half-term, I write a section on our school newsletter to keep parents and carers of pupils on the SEND register 'in the loop' about all things SEND related. I highlight support available in school and also resources and workshops available in the local area. This half-term, I am shining the spotlight on supporting children with social, emotional and mental health needs over the festive season.

Mrs White - Assistant Head/SEND.co

Bradford Local Offer

The Local Offer brings together information for children and young people with special educational needs and disabilities and their families.

<https://localoffer.bradford.gov.uk/>

Coping with Christmas

CLICK ON THE LINK [HERE](#) FOR 10 TIPS FOR MAKING CHRISTMAS EASIER AND HELPING YOUR CHILD MANAGE THE CHANGES.

Christmas brings a change of routine for all children. It is an exciting time but can also bring with it anxiety. The link above has ideas to help prepare for this time and the link below is a collection of activities to help pass the time that comes with two weeks away from school.

[20 Activities for 20 minutes from Young Minds](#) is aimed at getting families having fun and talking.

Young Minds Parent Helpline: 0808 802 5544

Upcoming Dates:

4th January 2023 –
World Braille Day

2nd February 2023
– Time to Talk Day

13th- 19th March
2023 -

Neurodiversity
Week

16th March 2023 –

Get Sensory - Christmas Dough Ho Ho

Try adding seasonal smells to a basic playdough recipe. You could add spices like ginger, cinnamon, nutmeg and cloves, or peppermint essence.

Playdough recipe:

For one playdough ball, mix together in a bowl:

- 8 tbsp plain flour
- 2 tbsp table salt
- 60ml warm water
- 1 tbsp vegetable oil
- food colouring (optional)



You can store your playdough in a plastic sandwich bag in the fridge to keep it fresh. Make sure to squeeze out the air!