

# Swain House Primary School

Week  
Commencing

30th Oct, 20th Nov, 11th Dec,

1st Jan, 22nd Jan, 4th Mar



## MENU Week 1

MON

### Choose from...

- ✔ Mascarpone Pasta
- ✔ Spaghetti Marinara
- Vegetable Pasty
- Crusty Bread, Spaghetti Hoops
- Seasonal Vegetables, Assorted Individual Salads

Assorted Jacket Potatoes, Panini  
Assorted Sandwiches

### Desserts...

- ✔ Decorated Sponge Cake
- Freshly Prepared Fruit

TUE

### Choose from...

- Mild Chicken Curry
- Halal Chicken Dopiaza
- Aloo Chana
- Rice, Naan Bread
- Assorted Individual Salads

Assorted Jacket Potatoes, Panini  
Assorted Sandwiches

### Desserts...

- ✔ Butterfly Buns
- Freshly Prepared Fruit

WED

### Choose from...

- Roast of the Day
- Halal Chicken Roll
- ✔ Cheese & Broccoli Quiche
- Dry Roast Potatoes, Yorkshire Pudding
- Seasonal Vegetables, Assorted Individual Salads

Assorted Jacket Potatoes, Panini  
Assorted Sandwiches

### Desserts...

- ✔ Marble Sponge
- Freshly Prepared Fruit

THUR

### Choose from...

- ✔ Cheese & Tomato Pizza
- Chips
- Baked Beans, Assorted Individual Salads

Assorted Jacket Potatoes  
Assorted Sandwiches

### Desserts...

- Flapjack
- Freshly Prepared Fruit

FRI

### Choose from...

- Fish Fingers
- ✔ Southern Fried Quorn Burger
- Dry Roast Jacket Potato Wedges
- Sweetcorn, Assorted Individual Salads

Assorted Jacket Potatoes, Panini  
Assorted Sandwiches

### Desserts...

- ✔ Chocolate Sponge
- Freshly Prepared Fruit

Suitable for



A selection of additional options e.g. sandwiches, jackets etc. will be available each day



For full allergen & nutritional information

# Swain House Primary School

Week Commencing

6th Nov, 27th Nov, 8th Jan  
29th Jan, 19th Feb, 11th Mar



## MENU Week 2

MON

### Choose from...

- Vegetarian Chilli & Nachos
- Soya Mince Bolognese
- Garlic Bread
- Assorted Individual Salads, Potato Salad

Assorted Jacket Potatoes, Panini  
Assorted Sandwiches

### Desserts...

- Ginger Sponge
- Freshly Prepared Fruit

TUE

### Choose from...

- Minced Beef & Onion Pie
- Halal Keema Roll
- Cheese & Potato Flan
- Herby Potatoes
- Seasonal Vegetables, Assorted Individual Salads

Assorted Jacket Potatoes, Panini  
Assorted Sandwiches

### Desserts...

- Decorated Fruit Jelly
- Freshly Prepared Fruit

WED

### Choose from...

- Roast of the Day
- Halal Chicken Hotpot
- Soya Mince Cottage Pie
- Dry Roast Potatoes, Yorkshire Pudding
- Seasonal Vegetables, Assorted Individual Salads

Assorted Jacket Potatoes, Panini  
Assorted Sandwiches

### Desserts...

- Syrup Sponge
- Freshly Prepared Fruit

THUR

### Choose from...

- Cheese & Tomato Pizza
- Dry Roast Jacket Potato Wedges
- Baked Beans, Assorted Individual Salads

Assorted Jacket Potatoes  
Assorted Sandwiches

### Desserts...

- Decorated Sponge Cake
- Freshly Prepared Fruit

FRI

### Choose from...

- Battered Fillet of Fish
- Salmon Fishcakes
- Savoury Roll
- Chips
- Seasonal Vegetables, Assorted Individual Salads

Assorted Jacket Potatoes, Panini  
Assorted Sandwiches

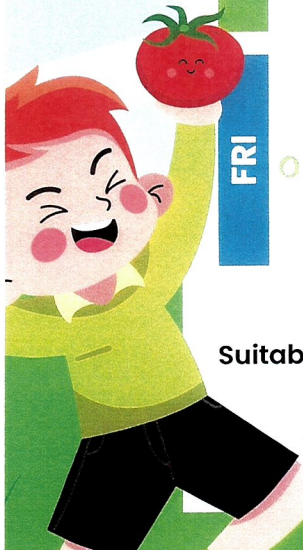
### Desserts...

- Chocolate Sponge
- Freshly Prepared Fruit

Suitable for



A selection of additional options e.g. sandwiches, jackets etc. will be available each day



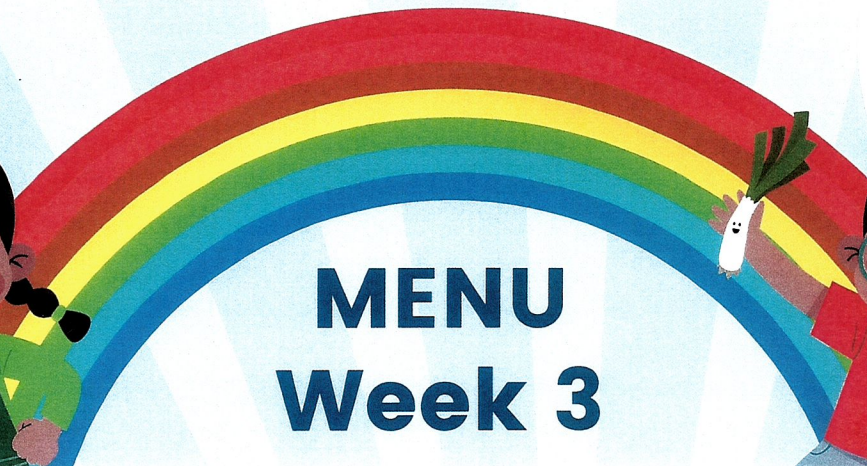
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# Swain House Primary School

Week Commencing

13th Nov, 4th Dec, 15th Jan

5th Feb, 26th Feb, 18th Mar



## MENU Week 3

MON

### Choose from...

- Mac n Cheese
- Arrabiata Pasta
- Garlic Bread
- Assorted Individual Salads

Assorted Jacket Potatoes, Panini  
Assorted Sandwiches

### Desserts...

- Marble Sponge
- Freshly Prepared Fruit

TUE

### Choose from...

- Pork Meatballs & Spaghetti
- Halal Chicken Meatballs & Rice
- Mexican Burrito
- Crusty Bread
- Assorted Individual Salads, Potato Salad

Assorted Jacket Potatoes, Panini  
Assorted Sandwiches

### Desserts...

- Volcano Buns
- Freshly Prepared Fruit

WED

### Choose from...

- Braised Sausage
- Halal Chicken Roll
- Braised Quorn Sausage
- Creamed Potatoes
- Seasonal Vegetables, Assorted Individual Salads

Assorted Jacket Potatoes, Panini  
Assorted Sandwiches

### Desserts...

- Orange & Lemon Sponge
- Freshly Prepared Fruit

THUR

### Choose from...

- Cheese & Tomato Pizza
- Chips
- Assorted Individual Salads, Coleslaw

Assorted Jacket Potatoes  
Assorted Sandwiches

### Desserts...

- Individual Ice Cream Tub
- Freshly Prepared Fruit

FRI

### Choose from...

- Fish Fingers
- Veg Dippers
- Dry Roast Jacket Potato Wedges
- Baked Beans, Assorted Individual Salads

Assorted Jacket Potatoes, Panini  
Assorted Sandwiches

### Desserts...

- Chocolate Sponge
- Freshly Prepared Fruit

Suitable for



A selection of additional options e.g. sandwiches, jackets etc. will be available each day



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